

# Curriculum Vitae – Erik Baars



## 1 Professional experience

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2012-present European Scientific Cooperative on Anthroposophic Medicinal Products (ESCAMP) (Freiburg, Germany)  
Scientific co-director

2007-present University of Applied Sciences Leiden (Leiden, The Netherlands)

Professor (lector) Anthroposophic Healthcare

Co-promotor of PhD students:

- Evi Koster: The contribution of anthroposophic healthcare to health promotion and self-management from patient perspective
- Annemarie Abbing: Monitoring effects of anthroposophic art therapy
- Nicole Weerts: Salutogenesis and anthroposophic paediatrics

2007-present Louis Bolk Institute (Driebergen, The Netherlands)

Senior researcher Healthcare

2000-2007 Louis Bolk Institute (Driebergen, The Netherlands)

Managing Director Healthcare & Nutrition

Responsible for (clinical) research and education in the area of Integrative and Complementary medicine and Nutrition.

1997-2002 Cats-Polm Institute (Zeist, The Netherlands) (a research institute in the field of chronic traumatisation)

Coordinator/ researcher

1993-2007 Bernard Lievegoed Clinic (Bilthoven, The Netherlands)

Medical Doctor Psychiatry

1991-1993 Zeylmans van Emmichoven Clinic (Bilthoven, The Netherlands)

Medical Doctor Internal Medicine

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## Education

2011 PhD thesis, Wageningen University, The Netherlands

2001 Master of Science in Epidemiology (MSc), EMGO Institute, Free University Amsterdam, The Netherlands

1991 Medical Degree (MD), University of Amsterdam, The Netherlands

1979 Atheneum, Scholengemeenschap Pascal, Amsterdam, The Netherlands

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## 2 Current other activities

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<u>Researcher</u>	Consortium Integrale Zorg & Gezondheid
<u>Education</u>	Anthroposophic medicine/ integrative medicine at the University of Applied Sciences Leiden
<u>Editorial board member</u>	Scientific journals Healthcare and Medicines
<u>Reviewer</u>	Several scientific journals in the field of Integrative Medicine and Complementary and Alternative Medicine (CAM)
<u>Member</u>	<ul style="list-style-type: none"><li>• Vereniging voor Epidemiologie (VVE)</li><li>• Vereniging voor Filosofie en Geneeskunde (VFG)</li><li>• Nederlandse Vereniging van Anthroposofische Artsen (NVAA)</li><li>• Network Onkologie Forschungsinstitut Havelhöhe, Berlijn</li><li>• Vereniging van Lectoren</li></ul>

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## 3 Selection of International Collaborations

### Harvard medical school, Boston, United States of America

Collaboration with dr. James A. Chu, Associate Clinical Professor of Psychiatry

Project: The development of an expertise-based prognostic model predicting stabilizing treatment outcomes for complex posttraumatic stress disorder and dissociative identity disorder:

### COST Action 866 Green Care in Agriculture: Health Effects, Economics and Policies

Collaboration with several European university research groups on green care in agriculture.

### ESCAMP, Freiburg, Germany

Collaboration with dr. Harald Hamre (Freiburg, University of Witten-Herdecke).

Project: the development of the scientific basis for a regulatory framework for Anthroposophic Medicinal Products (AMPs) in the European Union.

### University of Witten-Herdecke, Herdecke, Germany

Collaboration with Prof. dr. Thomas Ostermann

Project: Editorial board (guest) of a special Issue on Health economics in Complementary Medicine for the journal Complementary Therapies in Medicine

### Other International studies:

- CAM and the reduction of antibiotic use
- Collaboration with a large consortium of nine universities in five European countries and non-research organizations (e.g. EuroCAM).
- Methodology of case-studies in medicine  
Collaboration with dr. Helmut Kiene, dr. Gunver Kienle (Freiburg, University of Witten-Herdecke).
- Development of documentation methods for art therapy  
Collaboration with Prof. Harald Gruber (Alanus University of Applied Sciences, Alfter, Germany) and Prof. Peter Sinapius (University of Applied Sciences, Otttersberg, Germany).

## 4 Publications

- Total number of publications: 242
- First author: 159
- Last author: 51

### Awards

"Excellence in Integrative Medicine Research Award" (category 'clinical research') provided by the European Society of Integrative Medicine for the article 'Patients whose GP knows complementary medicine tend to have lower costs and live longer' in the European Journal of Health Economics (Kooreman & Baars, 2011).

*Last update April 2019*