

CURRICULUM VITAE

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EDUCATION

PhD	1990	Health Services Research, Policy and Administration School of Public Health University of Minnesota, Minneapolis, MN
MA	1974	Nursing of Children College of Nursing University of Iowa, Iowa City, IA
PNP	1974	Pediatric Nurse Practitioner Certificate University of Iowa, Iowa City, IA
BA	1973	Nursing Augustana College, Sioux Falls, SD

PROFESSIONAL EMPLOYMENT

Director, Earl E. Bakken Center for Spirituality & Healing	1995-present	University of Minnesota Academic Health Center
Professor (Tenured)	2007-present	University of Minnesota School of Nursing
Associate Professor	2003-2007	University of Minnesota School of Nursing
Co-Program Director NIH funded CAM Clinical Research Fellowship Program	2002-2008	University of Minnesota/ Berman Center/Hennepin Associates
Director, Katharine J. Densford International Center for Nursing Leadership	1997-2000	University of Minnesota Academic Health Center School of Nursing
Administrator, Quality Management	1996	University of Minnesota Hospital and Clinics

Director, Nursing Practice and Research	1992-1996	University of Minnesota Hospital and Clinics
Director, Professional Services	1987-1992	University of Minnesota Hospital and Clinics
Assistant Professor	1987-2003	University of Minnesota School of Nursing
Assistant Professor (tenured)	1982-1987	Metropolitan State University St. Paul, Minnesota
Pediatric Nurse Practitioner	1980-1981	Family Medicine Clinic Mankato, Minnesota
Assistant Professor	1977-1980	Mankato State University Mankato, Minnesota
Assistant Director, Patient Care Coordinator	1976-1977	Ochsner Foundation Hospital New Orleans, Louisiana
Instructor	1974-1976	University of Iowa Iowa City, Iowa
Research Assistant	1973-1974	University of Iowa Iowa City, Iowa

RESEARCH EXPERIENCE

Funded – Active:

Internal Pilot Grant Awards - Gratitude Study

Masonic Cancer Center 7/1/17 – 6/30/18
Kreitzer: PI \$25,000

This study is a result of a research collaborative with CaringBridge. Established in 1997, CaringBridge is an online social network serving over 215,000 people daily and over 27 million people annually in over 230 countries & territories around the world. 50 million journals were transferred to university super computers for analysis. There is considerable research on the health benefits of cultivating gratitude even in the face of serious illness. A gratitude intervention will be launched on the CaringBridge site. This grant will study the impact of the intervention among site users.

Mind-body Awareness Training and Brain-Computer Interface

NIH (He) 5R01-AT009263-02 9/1/2016 – 8/31/2021
Kreitzer: Co-I \$2,155,589

There are currently over five million people in the United States suffering from various degrees of paralysis. Brain-computer interface technology allows users to interact with their environment without muscular control, by sensing and decoding the user's thoughts. The general goal of the proposed research is to investigate whether and how experience with MBAT can improve subjects' ability to learn and use a sensorimotor-rhythm-based BCI.

Mindful Movement for Physical Activity and Wellbeing in Older Adults: A Community Based Randomized Hybrid Effectiveness-Implementation Study

NIH R21/R33 (Evans) 1R21AT009110-01A1 3/1/17 – 2/28/19
Kreitzer: Co-I \$450,510

Physical inactivity has reached pandemic proportions and is associated with increased morbidity, mortality, and healthcare costs. Of particular concern is that most middle to older age adults fall far short of recommendations for health enhancing physical activities. The proposed research will take a novel approach to tackling this problem by combining mindfulness with behavioral strategies in a unique 'Mindful Movement' program offered through YMCA community facilities.

Role: Co-I

Impact of Social Technology on Wellbeing

Kreitzer: PI 07/01/17 – 07/01/19

This study is measuring the impact of mind/body practices (gratitude, lovingkindness and mindfulness) on health outcomes of participants on CaringBridge, an online community of people experiencing a health challenge.

Nursing Leadership in Integrative Health and Healing

George Family Foundation 07/01/2010 – 06/30/2019
Kreitzer (PI)

This grant supports fellowships and co-curricular leadership development activities for doctorate of nursing practice in integrative health and healing students.

Role: PI

Funded – Complete:

Mindfulness & Stress Management Study for Cardiac Patients

Kreitzer: Co-I (Everson-Rose) 5/1/2016 – 9/1/2017
\$100,000

In this pilot study, the University of Minnesota and Fairview Health Services are partnering to examine how a Mindfulness-Based Stress Reduction (MBSR) course affects heart patients who have been recommended for a traditional cardiac rehabilitation program.

Participants that enroll in the study will be randomly assigned into one of two groups: one that completes an MBSR program and one that does not. They will do 3 in-person assessments, and 1 phone assessment over 9 months. All participants will receive stress management resources and be compensated for their time in the study

National Coordinating Center for Integrative Medicine

UE1HP27710 9/1/2014 – 8/31/2017
 Academic Consortium for Integrative Medicine & Health (University of Arizona (HRSA Prime))
 Kreitzer: Consultant \$27,000 (sub to U of M only)

The National Coordinating Center for Integrative Medicine will serve as a connecting organization for the academic schools and colleges with programs in integrative health. Dr. Kreitzer will represent nursing on the IPLT and take leadership in disseminating curricula to a range of health professionals including nursing.

Caring Bridge

Understanding the Impact of Social Technology on Wellbeing, Altruism & Health Outcomes
 Kreitzer – PI 7/1/16-6/30/17
 \$228,961

This is a collaborative project that seeks to understand how social technology (CaringBridge) helps people; to learn about the perceived benefits from users as well as how it could be improved and additional resources that would be helpful. The scope of work covers five strategies: 1) literature review; 2) assessment of CaringBridge’s website; 3) survey of authors’ experiences when interfacing with the site; 4) qualitative interviews of selected authors; and 5) testing of selected artificial intelligence techniques available to compassionate technology.

CAM Research Education Partnership Project

7 R25 AT003582-08 REVISED 09/01/2007 – 08/31/2016
 NIH
 Kreitzer: Co-I \$366,413 (total for transferred funds only)

The broad, long-term objective of this proposal is to facilitate the practice of evidence based health care (EBH) among complementary and alternative medicine (CAM) practitioner. Northwestern Health Sciences University (NWHHSU) is one of the largest accredited CAM educational institutions in the Midwestern United States and home to chiropractic, massage therapy, and acupuncture/Oriental medicine educational programs. Through collaboration with an experienced educational team from the University of Minnesota’s Center for Spirituality & Healing, this project allows NWHHSU to apply EBH and information management (IM) skills in CAM educational and clinical settings. In 2014, the NIH transferred this grant to the University of Minnesota for final completion.

Managing Diabetes Mindfully

Health Partners Research Foundation 12/1/14 – 11/30/2015
 Kreitzer: Co-PI

The goal of this study is to evaluate the feasibility of conducting a trial of a Mindfulness-Based Stress Reduction (MBSR) program for patients with diabetes (DM) on measures of HbA1c, blood pressure, perceived stress, depression, patient self-efficacy and quality of life; and to estimate the effect of a MBSR program for patients with DM. It is expected that MBSR program participants will evidence a trend toward better clinical outcome measures of HbA1c, blood pressure, and standardized measures of diabetes self-management, perceived stress, depression, self-efficacy, and quality-of-life.

Community-Based Interventions for Persons newly diagnosed with Alzheimer’s Disease and their Care Partners: A Pilot Study

Health Partners Research Foundation & Amherst H. Wilder Foundation 1/17/13 – 06/30/2015

Kreitzer: Co-PI

The goal of this study is to evaluate the feasibility of conducting a large randomized controlled trial comparing the effectiveness of a mindfulness-based program to a standard education and support group program, Memory Club, on mood and psychological symptoms, coping, stress reduction, and other outcomes for patients with memory loss and their care partners. It is expected that participants in the mindfulness program will evidence equal or greater benefits than Memory Club participants on outcome measures such as perceived stress, mood, psychological well-being, dyadic intimacy, and perceived caregiver burden. Outcomes in the two groups will then be used to estimate the treatment effect sizes, which will be used to power a future randomized controlled trial.

Learning Tools for Consumer Education – The Taking Charge of Your Health Website

Life Science Foundation 09/19/2005 – 09/18/2014

Kreitzer: Lead Content Expert

The Taking Charge of Your Health website funded by a grant from the Life Science Foundation provides a credible, centralized source of information providing consumers and providers with trusted, user-friendly information about complementary therapies and healing practices; information on how to navigate the healthcare system, and practical strategies for creating healthier lifestyles.

Whole Systems Healing Curriculum Development Grant

Life Science Foundation 04/01/2008 – 01/31/2014

Kreitzer: PI

Curriculum grant to develop a set of courses which utilize complexity theory to explore the influences upon human health of interrelating personal, social, and environmental systems.

Impact of Health Coaching on Clinical and Financial Outcomes

Medica 07/01/2011 – 12/31/2012

Kreitzer: PI \$181,292

The overall goal of this study is to determine how our understanding of health coaching and its value/outcomes/delivery methods can be used to apply to other phases of the health system. This research project serves as an ambitious pilot study using the Medica Health Coaching program for observational study purposes to compare to a national representative sample. Medica's program is one of the largest health coaching programs within an insured population in the United States to date. The lessons learned, successes, and challenges faced along the way have important implications for refining and shaping health coaching programs across the country, and serve to advance the field of health promotion.

Impact of Meditative Movement on Health Outcomes of Older Adults in Long-Term Care Facilities

Clinical and Translational Science Institute 08/01/2010 – 01/31/2012

Kreitzer: PI \$53,950

The overall purpose of this study is to examine the impact of meditative movement on health outcomes of a select group of assisted living residents. Spring Forest Qigong is one type of meditative movement (MM) which is comprised of 8 movements that can be adapted to a sitting position. This form of

Qigong can be performed by those with limited movement and who are frailer than the community dwelling population. The effect of the implementation of Qigong on pain, fall occurrence and serenity scores among assisted living residents will be determined. The feasibility of this intervention for an assisted living nursing home setting and sample as well as a cost benefit analysis will be completed.

Stress Reduction for Caregivers: A Randomized Controlled Pilot Study

NIH R21AT003654-01A1 (Robin Whitebird) 04/01/2007 – 03/31/2011

HealthPartners Research Foundation (NIH prime) \$ 137,879 (sub only)

Whitebird: PI

Kreitzer: Co-PI

The goal of this randomized, controlled clinical trial is to test the efficacy of a Mindfulness-Based Stress Reduction (MBSR) program to reduce stress in caregivers. The chronic stress associated with caregiving is significant and associated with psychiatric and physical health effects including depression, anxiety, poor health, compromised immune function and poor quality of life.³⁻⁷ Current programs to help caregivers manage stress and decrease burden provide a multi-component psycho-educational approach. An approach focused specifically on stress reduction could provide greater impact for the long-term chronic stresses of caregiving. Mind-body based complementary therapies such as Mindfulness-Based Stress Reduction (MBSR) may offer a safe, practical, and cost-effective method for stress reduction for caregivers.

Mind-Body Interventions Post Organ Transplant

NIH NINR 1R01 NR008585 08/1/2003 – 04/30/2009

Gross: PI \$2.2 million

Kreitzer: Co-PI

Solid organ transplant recipients require life-long immunosuppressive therapy that leads to side effects, complications and chronic symptoms, and reduces health-related quality of life. Pharmacologic options for managing symptoms increase the risks of side effects and drug interactions, and may reduce adherence by complicating an already challenging medication regimen. In contrast, mind-body based complementary therapies, such as Mindfulness-Based Stress Reduction (MBSR), may be ideal to treat distressing symptoms and negative emotions after transplantation. The long-range objective of this study is to develop evidence-based recommendations for non-pharmacologic strategies that provide symptom relief to transplant recipients, and are safe, practical and cost-effective.

Impact of a Residential Integrated Treatment Program on Women with Eating Disorders

Croll, Jillian: PI 02/2002 – 02/2009

Kreitzer: Co-PI

BlueCross Blue Shield Foundation \$300,000

Park Nicollet Foundation \$100,000

This grant is funding a five year comprehensive evaluation of an integrated residential treatment program for women with eating disorders. The Anna Westin House offers a treatment program that includes conventional therapies as well as acupuncture, mind-body interventions, movement and art therapies, spirituality, energy and manual therapies. Outcomes evaluated will include physical, emotional, and spiritual well-being as well as cost/financial implications

Mindfulness Meditation versus Pharmacotherapy for Chronic Insomniac: A Pilot Study

AHC Faculty Development Grant Program 2006 01/1/2006 – 12/31/2008

Gross: PI

Kreitzer: co-PI

University of Minnesota

FRD 06-27

\$244,715

The goal is to conduct pilot work and develop proposals aimed at securing NIH-funding for a full-scale randomized controlled trial of the efficacy and cost-effectiveness of Mindfulness-Based Stress Reduction in chronic insomnia. This is a competitive start-up award to provide resources to interdisciplinary teams seeking NIH-funding for research consistent with the NIH Road Map strategy to address health problems that are too complex for a single narrow disciplinary focus. Dr. Kreitzer serves as a Co-Investigator.

Outcomes related to CAM Education in an Academic Health Center

NIH R25 AT00556-01

09/28/2000 – 07/31/2005

CAM Curriculum Program Project

\$1.6 million

Kreitzer: PI

This grant was awarded to develop, implement and evaluate a curriculum in complementary therapies and healing practices in the Academic Health Center at the University of Minnesota. The grant facilitated integration of complementary therapy content into the Schools of Medicine, Nursing, Pharmacy and expanded the graduate minor in complementary therapies and healing practices. Additionally, the grant funded educational research on attitudes of faculty and staff towards complementary approaches to healing and outcomes related to educational strategies.

Impact of an Inner Life Formation Program on Health Professional Students and Practitioners

Fetzer Institute

01/1/2002 – 12/31/2005

Kreitzer: PI

\$95,000

The Center for Spirituality & Healing at the University of Minnesota received extramural funding to develop and implement a program called The Inner Life of Healers. The program has two components: a student formation program and a health professional renewal program. Fetzer Institute has funded Dr. Kreitzer to conduct a longitudinal investigation on the impact of a healer formation program on well-being and performance.

Impact of Mindfulness-Based Stress Reduction on Symptom Management in Kidney Transplant

Academic Health Center

09/29/2001 – 09/28/03

Faculty Research Development Award

\$195,000

University of Minnesota

Gross: PI

Kreitzer: Co-PI

The study will explore the use of meditation and yoga as mind-body-based complementary therapies to improve kidney transplant recipient's health-related quality of life. The overall goals of the study are to assess whether kidney recipients who consistently practice meditation and yoga experience fewer symptoms of anxiety, depression and sleep disturbance; utilize fewer symptom-control medications; and report improved health-related quality of life.

The Efficacy of Intercessory Prayer on Multiple Sclerosis Outcomes: A Double-Blind, Randomized, Controlled Trial

Hatgidakis: PI 1999 – 2001
Kreitzer: Consultant

Assessment of Hope and Quality of Life in Cancer Patients

Funded by Sigma Theta Tau Zeta Chapter, University of Minnesota Hospital and Clinics and North Central Region-Clinical Pastoral Education 1996
Janice Post-White: PI
Kreitzer: co-investigator

Impact of Staff Nurse Participation in Decision-Making on Job Satisfaction and Organizational Commitment

Dissertation Research 1990

NIH CAM Clinical Research Fellowship Program

1-T32-AT00487-01 (Grimm - PI) 07/1/2006 – 06/30/2007
NIH-NCCAM \$1.6 million
Training a New Generation of CAM Clinical Investigators
Kreitzer: co-program director, student advisor, and member of the Advisory Board of the Training Program

This grant provides funding for up to nine post-doctoral fellows per year. The fellows who undergo the training program are expected to meet the growing need for qualified investigators capable of evaluating the safety and effectiveness of CAM therapies. Fellows will be a part of the Minnesota Program in CAM Clinical Research.

NIH CAM Clinical Research Fellowship Program

1-K30-AT00068-01 (Grimm – PI) 09/15/2002 – 08/31/2007
NCCAM-NIH \$1,332,832
Kreitzer: co-program director, student advisor, and member of the Advisory Board of the Training Program

This grant provides resources to build the infrastructure for the Minnesota Program in CAM Clinical Research. Under this grant, pre- and post-doctoral fellows are trained to conduct and evaluate clinical research in complementary and alternative medicine (CAM). The fellows who undergo the training program are expected to meet the growing need for qualified investigators capable of evaluating the safety and effectiveness of CAM therapies.

TEL Grant (2005)

Prj Number 2005-017 \$9,784
Kreitzer: PI
Hoover: Co-PI
The interactive Scenario Builder (ISB): A Tool to Simulate Interpersonal Interactions

TEL Grant (2002)

Prj Number: 2002-013 \$10,000
Kreitzer: PI
Delagran: Co-PI
Tools for Creating Virtual Integrated-Care Scenarios

Center for Spirituality and Healing

Arthur Vining Davis Foundations 1996
Kreitzer: PI \$150,000

Strengthening Hospital Nursing/Strategic Planning Grant

Robert Wood Johnson Foundation 1989 – 1990
Kreitzer: PI \$50,000

PUBLICATIONS

Journals:

1. Monsen, K. A., Maganti, S., Giaquinto, R. A., Mathiason, M. A., Bjarnadottir, R. I., Kreitzer, M. J. (2018). Use of the Omaha System for ontology-based text mining to discover meaning within CaringBridge social media journals. *Kontakt: Journal of Nursing and Social Sciences*. (accepted for publication)
2. **Robin R. Whitebird, Mary Jo Kreitzer, Gabriela Vazquez-Benitez & Chris J.Enstad (2017). Reducing Diabetes Distress and Improving Self-management with Mindfulness. *Social Work in Health Care*, DOI: 10.1080/00981389.2017.1388898
3. *Koithan M., Kreitzer M.J., & Watson J.(2017). Linking the Unitary Paradigm to Policy Through a Synthesis of Caring Science and Integrative Nursing. *Nursing Science Quarterly*, 30, 262-268.
4. *Kreitzer, M. J., & Klatt, M. (2016). Educational Innovations to Foster Resilience in the Health Professions. *Medical Teacher*, 1-7. doi:10.1080/0142159X.2016.1248917.
5. **Blaes, A.H., Fenner, D., Bachanova, V., Torkelson, C., Geller, M., Haddad, T., Shanley, R., Kreitzer, M.J. (2016). Mindfulness Based Cancer Recovery (MBCR) in Survivors Recovering from Chemotherapy and Radiation. *Journal of Community and Supportive Oncology*,14(8), 351-358.
6. *Bartlett, K. R., Kreitzer, M. J., & Sullivan, B. (2016). Faculty Engagement and Well-being: A vital Leadership Role for Department Chairs. *The Department Chair*, 26(4), 14-16.
7. Kreitzer, M. J. (2016). Human Wellbeing and Flourishing: If Not Now, When? *Global Advances in Health and Medicine*, 5(1): 3-3.
8. **Ghildayal, N., Johnson, P.J., Evans, R. L., Kreitzer, M.J. (2016) Complementary and Alternative Medicine Use in the US Adult Low Back Pain Population. *Global Advances in Health and Medicine*, 5(1): 69-78.
9. Kreitzer, M. J.& Saper, R. (2015). Advancing a Global Vision. *Global Advances in Health and Medicine*, 4(6): 3-4.
10. Kreitzer, M. J.& Saper, R. (2015). Exploring the Biofield. *Global Advances in Health and Medicine*, 4(suppl): 3-4.
11. Kreitzer, M. J. (2015). The Wellbeing of the Workforce—In Healthcare and Beyond. *Global Advances in Health and Medicine*, 4(5), 3-4.
12. *Kligler, B., Brooks, A., Maizes, V., Goldblatt, E., Klatt, M., Koithan, M.S., Kreitzer, M.J., Lee, J. K., Lopez, A. M., McClafferty, H., Rhode, R., Sandvold, I., Saper, R., Taren, D., Wells,E., Lebensohn, P. (2015). Interprofessional Competencies in Integrative Primary Healthcare. *Global Advances in Health and Medicine*, 4(5), 33-39.
13. Kreitzer, M. J. (2015). Integrative Nursing Around the Globe. *Global Advances in Health and Medicine*, 4(3), 3-4.
14. *Kreitzer, M. J. (2015). Integrative Nursing: Application of Principles Across Clinical Settings. *Rambam Maimonides Medical Journal*, 6(2), e0016. <http://doi.org/10.5041/RMMJ.10200>.

15. Kreitzer, M. J. (2015). Grace and Grit in the Trenches of Healthcare. *Global Advances in Health and Medicine*, 4(2), 3.
16. **Jonk, Y.C., Lawson, K., O'Connor, H., Riise, K., Eisenberg, D., Dowd, B., Kreitzer, M. J. (2015). How Effective is Health Coaching in Reducing Health Services Expenditures? *Medical Care*. 2015;53:133-140.
17. Kreitzer, M. J., Monsen, K. A., Nandram, S. S., & De Blok, J. (2015). Buurtzorg Nederland: A Global Model of Social Innovation, Change and Whole Systems Healing. *Global Advances in Health and Medicine*, 4(1), 40-44.
18. Kreitzer, M. J. & Saper, R. (2015). From Silos of Care to Circles of Collaboration. *Global Advances in Health and Medicine*, 4(1), 3-4.
19. *Kreitzer, M. J. (2014). Spirituality and Well-Being Focusing on What Matters. *Western journal of nursing research*, 34(6), 707-711.
20. *Cramer, G. D., Guiltinan, J., Maiers, M., Laird, S., Goertz, C., Furner, S. E., Kreitzer, M.J. & Coon, S. (2014). Benefits, Challenges, and Culture Change Related to Collaborations Between Complementary and Alternative Medicine and Traditional Research-Intensive Institutions. *Medical Science Educator*, 1-8.
21. Mittelman, M., Kreitzer, M. J., & Koithan, M. (2014). Integrative Nursing. *Global Advances in Health and Medicine*, 3(3), 106-106.
22. **Nijjar, P. S., Puppala, V. K., Dickinson, O., Duval, S., Duprez, D., Kreitzer, M. J., & Benditt, D. G. (2014). Modulation of the autonomic nervous system assessed through heart rate variability by a mindfulness based stress reduction program. *International journal of cardiology*, 177(2), 557-559.
23. **Nujjar, P., Puppala, K., Dickinson, O., Ducal, S., Duprez, D., Kreitzer, M.J. & Benditt, D. (2014) Modification of Heart Rate Variability: Meditation versus Controlled Breathing Alone. *Journal of Clinical and Preventive Cardiology*. *Journal of Clinical and Preventative Cardiology*. 3(1).
24. *Winkler, A., Sierpina, V. S., & Kreitzer, M. J. (2014). On Harnessing the Power of Medical Students to Reach their Peers. *EXPLORE: The Journal of Science and Healing*.
25. **Anderson, L., Whitebird, R.R., Schultz, J., McEvoy, C., Kreitzer, M.J. & Gross, C. (2014). Healthcare Utilization and Costs in Persons With Insomnia in a Managed Care Population . *American Journal of Managed Care*. 20(5):e157-e165.
26. **Whitebird, R. R., Kreitzer, M. J., Vazquez-Benitez, G. X., Enstad, C. J., Stuck, L. H., & O'Connor, P. (2014). Improving Mental Health and Diabetes Management with Mindfulness-Based Stress Reduction. *The Journal of Alternative and Complementary Medicine*, 20(5), A58-A58.
27. *Kreitzer, M. J., Delagran, L., Taylor, B., Maiers, M., Vihstadt, C., & Evans, R. (2014). Evidence Informed Practice and Culture Change: The CAM Practitioner Research Education Partnership Project. *The Journal of Alternative and Complementary Medicine*, 20(5), A101-A102.
28. *Dose, A. M., Leonard, B., McAlpine, C. P., & Kreitzer, M. J. (2014). The Meaning of Spirituality at the End of Life. *Journal of Hospice & Palliative Nursing*, 16(3), 158-164.
29. *Geary, C., McKee, J., Triana, C., Buck, E., Walton, S., Valdez, D., ... & Kreitzer, M. J. (2014). Bridging the Compassion and Empathy Gap in Medical School: The Physician Healer Track at UTMB-Health. *Explore: The Journal of Science and Healing*, 10(3), 203-205.
30. **Gross, C., Hubbling, A., Reilly-Spong, M., & Kreitzer, M. J. (2014). Mindfulness Training for People with Chronic Insomnia: Focus Group Results. *The Journal of Alternative and Complementary Medicine*, 20(5), A56-A57.
31. **Hubbling, A., Reilly-Spong, M., Kreitzer, M. J., & Gross, C. R. (2014). How mindfulness changed my sleep: focus groups with chronic insomnia patients. *BMC complementary and alternative medicine*, 14(1), 50.
32. *Berndtson, K., Sierpina, V., & Kreitzer, M. J. (2014). The Encouragement of Light: Reflecting on Leaps 2013. *Explore: The Journal of Science and Healing*, 10(1), 67-68.

33. Kelsey, P., Manahan, B., Sierpina, V., & Kreitzer, M. J. (2013). Leadership and Education Program for Students in Integrative Medicine: Building a New Generation of Physician Healers. *Explore: The Journal of Science and Healing*,9(6), 389-391.
34. **Puppala, K., Detloff, B., Dicken, J., Somerville, B., Kreitzer, M. J., & Benditt, D. (2013). P03.09. Modulation of Autonomic Nervous System Assessed Through Heart Rate Variability by a Mindfulness-based Stress Reduction Program: Study Protocol. *Global Advances in Health and Medicine*, 2(Suppl), P03-09.
35. **Lawson, K. L., Jonk, Y., O'Connor, H., Riise, K. S., Eisenberg, D. M., & Kreitzer, M. J. (2013). The impact of telephonic health coaching on health outcomes in a high-risk population. *Global Advances in Health and Medicine*, (ja), 1-1.
36. Maltz, A., Bjerke, W., Belanger, M., Franzen, K., Brodsky, M., Sierpina, V. S., & Kreitzer, M. J. (2013). Evaluation and Treatment of Breast Pain: An Integrative Medicine Learning Activity. *EXPLORE: The Journal of Science and Healing*,9(4), 255-259.
37. **Bazarko, D., Cate, R. A., Azocar, F., & Kreitzer, M. J. (2013). The Impact of an Innovative Mindfulness-Based Stress Reduction Program on the Health and Well-Being of Nurses Employed in a Corporate Setting. *Journal of workplace behavioral health*, 28(2), 107-133.
38. Sierpina, V. S., Devries, S., Prasad, A., Eisenberg, D., McKee, J. M., & Kreitzer, M. J. (2013). Nutritional Deficiency in Healthcare Education. *Explore: The Journal of Science and Healing*, 9(3), 192-195.
39. Haramati, A., Adler, S. R., Wiles, M., Sierpina, V. S., & Kreitzer, M. J. (2013). Innovation and Collaboration: The First International Congress for Educators in Complementary and Integrative Medicine. *Explore: The Journal of Science and Healing*, 9(2), 118-120.
40. Anderson, B., Herron, P., Downie, S., Myers, D., Milan, F., Olson, T., Kligler, B., Sierpina, V. & Kreitzer, M.J. (2012) Interprofessional Student Education: Exchange Program Between Albert Einstein College of Medicine and Pacific College of Oriental Medicine. *Explore: The Journal of Science and Healing*, 8(6), 377-381.
41. Laster, J., Geary, C., Sierpina, V. & Kreitzer, M.J. (2012) A Student Initiative for Reducing Stress in Medical Students: Stress-Less-Fast. *Explore: The Journal of Science and Healing*, 8(5), 377-381.
42. Amri, H., Haramati, A., Sierpina, V & Kreitzer, M.J. (2012) Georgetown University's Graduate Program in Complementary and Alternative Medicine: Training Future Practitioners of Integrative Healthcare. *Explore: The Journal of Science and Healing*, 8(4), 258-261.
43. Sierpina, V. & Kreitzer, M.J. (2012) Long-Life Learning in Integrative Healthcare. *Explore: The Journal of Science and Healing*, 8(3), 210-212.
44. Strkalj, G., Beirman, R., Strkalj, M., Sierpina, V. & Kreitzer, M.J. (2012) Teaching Anatomy to Chiropractic Students: Experiences from Macquarie University, Sydney. *Explore: The Journal of Science and Healing*, 8(2), 141-144.
45. *Evans, R., Maiers, M., Delagran, L., Kreitzer, M.J. & Sierpina, V. S. (2012) Evidence Informed Practice as the Catalyst for Culture Change in CAM. *Explore: The Journal of Science and Healing*, 8(1), 68-72.
46. *Taylor, B., Delagran, L., Baldwin, L., Halcon, L., Leininger, B., Vihstadt, C., Evans, R., Kreitzer, M.J. & Sierpina, V. (2011) Advancing Integration Through Evidence Informed Practice: Northwestern health Sciences University's Integrated Educational Model. *Explore: The Journal of Science and Healing* 7(6), 396-400.
47. *Evans, R., Delagran, L., Maiers, M., Kreitzer, M.J. & Sierpina, V. (2011) Advancing Evidence Informed Practice through Faculty Development: The Northwestern Health Sciences University Model. *Explore: The Journal of Science and Healing* 7(4), 265-268.
48. Ho, P., Chinenm, K., Streja, L., Kreitzer, M.J., & Sierpina, V. (2011) Teaching Group Drumming to Mental Health Professionals. *Explore: The Journal of Science and Healing* (7)3, 200-202.

49. **Gross, C., Kreitzer, M.J., Reilly-Spong, M., Wall, M., et al (2011). Mindfulness-Based Stress Reduction and Pharmacotherapy for Chronic Primary Insomnia: A Randomized Controlled Clinical Trial. *Explore: The Journal of Science and Healing* (7)2, 76-87.
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*Peer Review

**Data-Based manuscript

Books, Chapters, Reports:

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2. Kreitzer MJ & Zborowsky T. (2017 submitted) Creating Optimal Healing Environments. *Complementary & Alternative Therapies in Nursing*. 8th Edition. Ruth Lindquist and Mariah Snyder eds. New York, NY, Springer Publishing Co.
3. Kreitzer MJ & Zborowsky T. (2017 submitted) The Interplay of Integrative Nursing, Caring Science and Healing Environments. *Caring Science Handbook*. Billy Rosa and Jean Watson eds.
4. Koithan M, Kreitzer MJ & J Watson. (2017 submitted). Linking the Unitary Paradigm through a Synthesis of Caring Science and Integrative Nursing. *Caring Science Handbook*. Billy Rosa and Jean Watson eds.
5. Kreitzer, M.J. (2014). Patient Engagement and Public Policy: Emerging New Paradigms and Roles. Policy and Politics in Nursing and Health Care. 7th Edition. New York, NY: Elsevier Publisher. Chapter 21.
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16. Kreitzer, M.J. (2006). Chapter 11, Meditation. Mariah Snyder and Ruth Lindquist in *Alternative/Complementary Therapies: A Guide for Nurses*. 5th Edition. New York:NY, Springer Publishing Co pages 129-142.
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18. Kreitzer, M.J. (2006). The Chemistry of Joy (book review). *Explore: The Journal of Science and Healing*.
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Newsletters / Editorials:

1. Koithan, M. & Kreitzer, M.J. (2016). *The Wellbeing of the Nursing Workforce*. Oxford University Press's Blog.
2. Kreitzer, M.J. (2014). *A Well-Being Framework for Consideration in Child Welfare*. CW360: Attending to Well-Being in Child Welfare. University of Minnesota. Spring 2014.
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SELECTED PRESENTATIONS AND WORKSHOPS

Invited 2018

International

1. "University of MN SON/DNP Specialty in Integrative Health and Healing". Tbilisi, Georgia. September 14-24, 2018.

National

1. "Global Forum on Health Professional Education" The National Academies of Sciences, Engineering & Medicine. New York, New York. April 25-27, 2018

State

1. "Becoming a Wellbeing Leader" Surviving to Thriving for Health Care Professionals. Plymouth, Minnesota. December 6, 2018.

2. “Systems Approaches to Advancing Resilience and Wellbeing in the Workplace” UMN Psychiatry Symposium. Minneapolis, Minnesota. October 11, 2018
3. “Cultivating Wellbeing in Lives and Organizations”. Hazelden Betty Ford Foundation. Center City, Minnesota. September 27, 2018.
4. “Creating a Personal Plan for Wellbeing” Met Council. Minneapolis, Minnesota. August 29, 2018.
5. “Living and Working on Purpose”, Gray Plant Moody. Minneapolis, Minnesota. August 21, 2018.
6. “Wellbeing in the Workplace: Perspectives on Mindfulness and Nutrition”. Twin Cities Society of Human Resources Management. Minneapolis, Minnesota. June 14, 2018
7. “Working Together to Make Readmissions Rare” Stratis Health. Minneapolis, Minnesota. April 30, 2018.
8. “Wellbeing in the Workplace: Perspectives on Behavioral Health” – Marsh and McLennan Agency and the University of MN. Minneapolis, Minnesota. April 11, 2018

Invited 2017

International

1. “Food literacy and Attitudes in Healthy US Adult Population”. World Congress Integrative Medicine and Health. Berlin, Germany. May
2. “Spirituality & Wellbeing” Trinity College Dublin, Ireland. June 22, 2017.

National

1. “Integrative Nursing: New Horizons. 2nd International Integrative Nursing Symposium. Tucson AZ. April 5-7 2017
2. “Integrative Nursing”. Sanford Health Nursing Symposium. Fargo, ND April 27, 2017.
3. “Making the Case for Integrative Health Care”. US News and World Report Annual Healthcare of Tomorrow Conference. November 3, 2017.
4. “Improving the Health, Wellbeing and Resilience of Health Professions”. Nexus Summit, August, 2017.
5. “Panel Discussion on Resilience, Empathy and Wellbeing in Health Care Professions”. CENTILE. Washington, DC. October 25, 2017.

State

1. “Growing wellbeing for people, plant and community”. St. Louis Park, MN. April 25, 2017.
2. “Mindfulness and Leadership”. Women’s Health Leadership Trust. Edina MN. May 8, 2017.

Invited 2016

International

1. “Mindfulness and Diabetes”. Tibetan Medical College, Xining, China. July 2016.
2. “A Moral, Ethical and Transformational Foundation for the Practice of Nursing”. Global Human Caring Conference. Wuhan, China. October 11-17, 2016.

National

1. “Applying Integrative Nursing Across Settings and Patient Populations”. Presentation. International Congress on Integrative Medicine and Health. Las Vegas, Nevada. May 19, 2016.
2. “Transformational Learning Programs in Integrative Medicine: Methods and Outcomes”. Presentation. International Congress on Integrative Medicine and Health. Las Vegas, Nevada. May 19, 2016.
3. “How Effective is Health Coaching in Reducing Health Services Expenditures?”. Poster Session. International Congress on Integrative Medicine and Health. Las Vegas, Nevada. May 18, 2016.
4. “Enhancing Interprofessional Integrative Health Education”. Workshop. International Congress on Integrative Medicine and Health. Las Vegas, Nevada. May 17, 2016.
5. “Integrative Nursing”. Presentation. Sibley Memorial Hospital. Washington, D.C. May 12, 2016.
6. “Wellbeing in Lives and Communities”. Presentation. Sibley Memorial Hospital. Washington, D.C. May 11, 2016.
7. “Integrative Nursing: A Core Strategy for Aligning with Critical Organizational Objectives”. Keynote. Integrative Healthcare Symposium Annual Conference. New York, New York. February 25, 2016.
8. “Integrative Practices: Building New Operating Systems for Health Creation and Healthy Communities”. Panel. Integrative Healthcare Symposium Annual Conference. New York, New York. February 27, 2016.
9. “Nurse Faculty Panel Q&A”. Panel. Integrative Healthcare Symposium Annual Conference. New York, New York. February 27, 2016.
10. “Flourishing and Wellbeing”. Minne College Florida. Naples, Florida. February 6, 2016.
11. “Integrative Nursing: A Core Strategy for Aligning with Critical Organizational Objectives”. Integrative Healthcare Symposium Annual Conference. New York, New York. February 25-27, 2016.
12. “Integrative Practices: Building New Operating Systems for Health Creation and Healthy Communities”. Integrative Healthcare Symposium Annual Conference. New York, New York. February 25-27, 2016.

State

1. “Cultivating Wellbeing in Our Lives and Organizations”. University of Minnesota, Academic Professionals & Administrators Senate. Minneapolis, MN. December 2, 2016.
2. “Cultivating Wellbeing in Our Lives and Organizations”. Keynote. Midwest Health Promotion Conference. St. Paul, MN. November 2, 2016.
3. “Cultivating Wellbeing in Our Lives and Organizations”. Keynote. North Central College Health Association Annual Meeting. Minneapolis, MN. October 26, 2016.
4. “Wellbeing and Integrative Health 101”. Mini Medical School. University of Minnesota. Minneapolis, MN. September 26, 2016.
5. “The 21st Century Medicine and Surgery: Can Innovation be Translated to Patients?”. Panel. University of Minnesota. Minneapolis, MN. September 23, 2016.
6. “Cultivating Wellbeing in Our Lives and Organizations”. Graduate Medical Education Coordinator's Conference. University of Minnesota. Minneapolis, MN. September 14, 2016.
7. “Integrative Nursing”. M Health PPM and Care Delivery Model Sessions. Minneapolis, MN. August 22, 2016.
8. “Spirituality in Healthcare”. Mayo Holistic Wellness Conference 2016. Rochester, MN. July 14, 2016.
9. “Integrative Nursing”. M Health PPM and Care Delivery Model Sessions. Minneapolis, MN. July 12, 2016.

10. “Work/Life Balance- Preventing and Treating Burnout Events“. University of Minnesota, Department of Medicine. Minneapolis, MN. July 11, 2016
11. “Integrative Nursing“. Keynote. CentraCare. St. Cloud, Minnesota. April 2016.
12. “Cultivating Wellbeing in our Lives and Communities“. The University of Minnesota Crookston. Crookston, Minnesota. March 24, 2016.
13. “Applying Mindfulness in Clinical Settings and the Workplace“. The University of Minnesota Crookston. Crookston, Minnesota. March 24, 2016.

Invited 2015

International

1. “Integrative Nursing – Applications Across Clinical Settings“. National Integrative Medicine Conference. Antalya, Turkey. November 13, 2015.
2. “Integrative Health and Medicine – Global Trends“. National Integrative Medicine Conference. Antalya, Turkey. November 13, 2015.
3. “Integrating Complementary Practice into Health Systems“. Conference Measuring Health Outcomes with Forest Activities. Seoul, Korea. August, 17 2015.
4. “Integrative Nursing; An Emerging Research Agenda“. College of Nursing, Seoul National University. Seoul, Korea. August, 18 2015.
5. “Why Integrative Nursing? Why Now? “. Keynote. The 1st International Integrative Nursing Symposium. Reykjavik, Iceland. May 18-20, 2015.
6. “Cultivating Health and Wellbeing in the Workplace“. Keynote. National Nursing and Midwifery Leadership and Innovation Summit: People Purpose Passion. Dublin, Ireland. May 12, 2015.

National

1. “Spirituality and Wellbeing“. Sister Alice Potts Lecture Series - UT MD Anderson Cancer Center. Houston, Texas. December 1, 2015.
2. “Cultivating Self-Care, Wellbeing and Resilience in Our Lives and Organizations“. Keynote. 2015 International Conference to Promote Resilience, Empathy and Well-Being in the Health Professions: An Interprofessional Forum. Washington, DC. October 18-21, 2015.
3. “National Center for Integrative Primary Healthcare: Fostering Self-care, Resilience and Interprofessional Collaboration in Primary Care Education“. 2015 International Conference to Promote Resilience, Empathy and Well-Being in the Health Professions: An Interprofessional Forum. Washington, DC. October 18-21, 2015.
4. “Cultivating Wellbeing in People, Organizations and Communities.“ NYC Administration for Children’s Services. New York, New York. October 16, 2015.
5. “Integrative Nursing: A Whole Person, Whole System Approach to Care“. Sibley Memorial Hospital. Washington D.C. July 10, 2015.
6. “Integrative Nursing: An Emerging Research Agenda“. Keynote. The 21st Annual Nursing Research Conference. Springfield, Illinois. March 30, 2015.
7. “Integrative Nursing: What Does it Look Like in Practice?“. Integrative Healthcare Symposium Annual Conference. New York, New York. February 20, 2015.
8. “Interprofessional Panel Presentation on Nurse Leadership: Advancing Integrative Nursing Leadership in Collaborative Practice“. Integrative Healthcare Symposium Annual Conference. New York, New York. February 19, 2015.

State

1. "Introduction to Integrative Nursing". Fairview Health Services. Burnsville, MN. December 3, 2015.
2. "Cultivating Wellbeing in our Lives and Communities". American Association of University Women - Minneapolis Branch. Minneapolis, Minnesota. November 23, 2015.
3. "Integrative Nursing Model of Practice". Fairview Health Services. Hibbing, Minnesota. October 9, 2015.
4. "Advancing Wellbeing in People, Organizations, and Communities". Holistic health and Healing Summer Institute. Woodwinds, Minnesota. June 24, 2015.
5. "Integrative Nursing: Applying Principles Across Clinical Settings". Medical Nursing Conference. St. Cloud, Minnesota. March 24, 2015.

Invited 2014

International

1. "Compassion Fatigue". Gan HaNadiv workshop with Dr. Moshe Frenkl of Meir Medical Center. Hebrew Union College. Jerusalem, Israel. May 26, 2014.
2. "The Place of Spiritual Experiences in Psychotherapy & The Homesickness of Doctors and Patients". Session Chair. Medicine and the Search for Meaning – conference co-hosted by the Mayo Clinic and Hebrew Union College. Jerusalem, Israel. May 25, 2014.
3. "Integrative Nursing". Leadership in Nursing – A Global Approach. Graduate-level course collaboration between the University of Minnesota & University of Iceland. Reykjavik, Iceland. May 21, 2014.

National

1. "Integrative Nursing: Advancing Health and Wellbeing Across Clinical Settings and Patient Populations". New York Presbyterian Hospital. November 12, 2014.
2. "Spirituality in Health & Medicine". Scripps Science and Connection: A New Era of Integrative Health and Medicine. San Diego, CA. October 29-31, 2014.
3. "Cultivating Wellbeing in our Lives & Communities". Plenary. Symposium of Integrative Medicine Professionals in the Land of Enchantment. Albuquerque, New Mexico. October 13-15, 2014.
4. "Cultivating Wellbeing in Our Lives and Communities". Sanghvi Memorial Lecture, University of Cincinnati. Cincinnati, Ohio. May 8, 2014.
5. "Integrative Nursing". Presentation for College of Nursing, University of Cincinnati. Cincinnati, Ohio. May 7, 2014.
6. "Application of Integrative Nursing Principles in Clinical Settings". Keynote. North Shore LIJ conference. Long Island, New York. April 10, 2014.
7. "Integrative Nursing: Advancing Health and Wellbeing Across Clinical Settings and Patient Populations". Integrative Healthcare Symposium. New York, New York. February 20 – 22, 2014.
8. Panel on Nurse Leadership: 10 Years of Integrative Nursing in Healthcare: Local to Global. Integrative Healthcare Symposium. New York, New York. February 20 – 22, 2014.

State

1. “Whole Systems Healing: Leading the Way into a New Model of Health and Wellbeing”. American Holistic Medical Association: Connection & Collaboration in Patient-Centered Care. Minneapolis, Minnesota. September 19, 2014.
2. “Cultivating Well-being in our Lives and Communities”. Opening Keynote. National Wellness Conference: Reshaping the Wellness Landscape. Minneapolis, Minnesota. June 23, 2014.
3. “Whole Life Wellbeing”. TEDxUMN. Minneapolis, Minnesota. April 24, 2014.

Invited 2013

National

1. “Whole Systems Healing: Implications for Wellbeing Leadership”. Keynote. Creative Healthcare Management: Relationship-Based Care Symposium. Huron, Ohio. September 10-13, 2013.
2. “Health and Wellbeing in Transdisciplinary Professionalism”. Breakout Session Leader. Establishing Transdisciplinary Professionalism for Health. Institute of Medicine. Washington, DC. May 14-15, 2013.
3. “Integrative Nursing: From Self Care to Patient Care”. Keynote Speaker, Boston Medical Center. Boston, Massachusetts. April 30, 2013.
4. “Integrative Nursing: Applying Concepts & Principles in Clinical Settings”. Integrative and Holistic Nursing Conference: Bring Healing to You and Your Patients. San Diego, California. April 27-28, 2013.
5. “Effectiveness of Health Coaching on Health Outcomes and Health Services Utilization”. Building Healthy Academic Communities National Summit. Ohio State University. April 22, 2013.
6. “Becoming a Wellbeing Leader”. Integrative Healthcare Symposium. New York, New York. February 28 – March 2, 2013.
7. Panel on Nurse Leadership: Nursing’s Vision and Strategies in Integrative Healthcare. Integrative Healthcare Symposium. New York, New York. February 28 – March 2, 2013.

Invited 2012

International

1. “The Anthropological and Medical Understanding of Innate Healing”. Northern Lights and WHO Research Workshop. Tromso, Norway. December 4-7, 2012.

National

1. “In the Pursuit of Wellbeing and Whole Systems Healing”. Facilitating Holistic Healing: Communicating and Connecting, Society for the Advancement of Modeling and Role-Modeling. Minneapolis, MN. October 2, 2012.
2. “Advances in Integrative Cardiology: State of the Science”. North American Research Conference on CAM, Academic Health Centers for Integrative Medicine. Portland, Oregon. May 15-18, 2012.
3. “Placebo Therapy as an Ethical Alternative”. Panel Moderator. North American Research Conference on CAM, Academic Health Centers for Integrative Medicine. Portland, Oregon. May 15-18, 2012.

4. "The Art, Science and Business of Wellbeing". Integrative Healthcare Symposium. New York, New York. February 8-11, 2012.
5. "Stress Reduction for Those Who Live With a Chronic Illness in Mind and Body". Innovations in Wellness and Disease Management, OptumHealth. Las Vegas, Nevada. February 2-3, 2012.
6. "The Non-APRN Pathway in DNP Education". Doctoral Education Conference, American Association of Colleges of Nursing. Naples, Florida. January 25-28, 2012.

State

1. "Caregiver Wellbeing". Case Management Society of America. Minneapolis, MN. October 5, 2012.
2. "Experiences in High Functioning Interdisciplinary Teams". Panel Member. Evolving Care Models, Evolving Relationships, American Academy on Communication in Healthcare. Minneapolis, MN. June 22, 2012.
3. "Spirituality and Wellbeing: Advancing Innovative Models". Spiritual Care Research Conference, Mayo Clinic. Rochester, MN. November 1, 2012
4. "In Pursuit of Wellbeing". American Association of University Women. Saint Paul, MN. January 31, 2012.

Invited 2011

International

1. "Integrative Health: Pathway to True Health Reform". AIA International Aromatherapy Conference & Wellness Expo, Alliance of International Aromatherapists. September 30, 2011.

National

1. "Reducing Stress in the Workplace". Innovations in Wellness and Disease Management, OptumHealth. Miami Beach, Florida. February 3-4, 2011.

State

1. "Complementary and Integrative Health Care: A Value Proposition". Panel member, Northwestern Health Science University. December 11, 2011.
2. "Reducing Stress in the Workplace". ROSE conference, Reinsurance Group of America. September 14, 2011.
3. "Whole Systems Leadership in a Volatile Landscape". Thought Leader Gathering, Heartland Circle. August 5, 2011.
4. "The Clinical and Business Case for Optimal Healing Environments". University of Minnesota, Design Intersections Symposium. March 31, 2011.

Invited 2010

International

1. “Integrative Health: Pathways to Health Reform”. Irish Association of Directors of Nursing and Midwifery: Nursing and Midwifery Leadership; assessing value to an evolving healthcare system. Ireland. October 7, 2010.
2. “Spirituality and Chronic Illness: Implications for CAM and Conventional Medicine”. International Congress on Complementary Medicine Research Conference. Tromso, Norway. May 19-21, 2010.

National

1. “Integrative Oncology: Expanding Options for Patients”. Lee Ann Riley Memorial Breast Symposium, Breast Cancer Management. Shelton, CT. October 20, 2010
2. “Looking Forward: Creating Habitats and Environments for Healing” Panel Presentation. American Holistic Nursing Association Conference. Colorado Springs, CO. June 3-6. 2010.
3. “Overview of Complementary Alternative Modalities: Evaluating the Safety and Scientific Evidence”. American Thoracic Society International Conference, New Orleans, LA. May 14-19, 2010.
4. “Spirituality and Health Care Institute: Grateful for Gifts of Healing”. Spiritual Directors International Conference. San Francisco, CA. April 12, 2010.
5. “Shifting the Culture: Integrating Mindfulness-Based Work into an Academic Health Center”. Center for Mindfulness in Medicine, Health Care and Society Conference. Worcester, MA. April 7-11, 2010.
6. “Integrative Practice, Wellness & Healthcare Reform: Have We Seen Advances in D.C.?” and “Emerging Trends: Integrating Health Coaching into Patient Care”. Integrative Healthcare Symposium. Hilton New York, NY. February 25-27, 2010.

State

1. “Integrative Health: Implications for Transplant Patients”. International Transplant Nurses Society Symposium Reflections on Caring. Bloomington, MN. October 29, 2010.
2. “Taking Charge of Your Health” All Day Workshop for United Health Group, Minnetonka, MN. October 13, 2010
3. “Taking Charge of Your Health”. Minneapolis Branch American Association of University Women. Minneapolis, MN. October 4, 2010.

Invited 2009

International

1. International Learning Community, Manchester, England. March 25-April 1, 2009.
2. “Transforming Health Care: Patient Empowerment” Cynergy. Manchester, England June 2-7, 2009.

National

1. “Overview of Optimal Healing Environments”. Samuelli Institute, Exploring the Science of Healing. Nursing Leadership Forum. Alexandria, VA. September 23-24, 2009.

2. "Taking Charge of Your Health" and "Optimal Healing Environments: Merging Evidence-Based Practice with Evidence-Based Design". M.D. Anderson Cancer Center. University of Texas Houston, TX. September 16-17, 2009.
3. "Building a Program of Mindfulness-Based Stress Reduction Research: Issues and Challenges". Oregon College of Oriental Medicine. Portland, Oregon. September 11, 2009.
4. "Creating Optimal Healing Environments: Merging Evidence-Based Design with Evidence-Based Practice". University of Arizona, Tucson, University Medical Center's Nursing Education Institute. Tucson, AZ. April 20-21, 2009.
5. Interprofessional Education in Healthcare Design: From Idea to Implementation. Emory University, Atlanta, Georgia. March 23-24, 2009.
6. Institute of Medicine/Bravewell Summit. National Academy of Sciences Building, Washington, D.C. February 25-27, 2009.
7. Integrative Healthcare Symposium. Hilton New York and Towers, New York, NY. February 18-20, 2009.
8. Improving the quality of spiritual care as a dimension of palliative care project. Spirituality Invitational Summit. Pasadena, California. February 16-18, 2009.

State

1. "Exploring Integrative Health Options." Fairview Oncology Nursing Conference. Minneapolis, Minnesota. May 11, 2009
2. Integrative Approach in Healthcare. Music Medicine Institute: Integrating Music Therapy into the Medical Environment. March 4, 2009. Minneapolis, Minnesota.
3. Commencement Address, School of Chiropractic, Northwestern Health Sciences University. Bloomington, Minnesota. April 17, 2009

Invited 2008

International

1. National Nursing/Midwifery Conference. Sligo General Hospital. Sligo, Ireland March 3-7, 2008.

National

1. "Creating Optimal Healing Environments: Merging Evidence-Based Design with Evidence-Based Practice" Johns Hopkins School of Nursing and Tai Sophia. Baltimore, Maryland. October 29, 2008.
2. "Integrative Medicine Applications with OB/GYN Patients" Obstetrics, Gynecology & Women's Health: 39th Annual Autumn Seminar, Minneapolis, Minnesota. September 29-30, 2008.
3. "Organizational Culture Assessment Instrument" Creative Health Care Management Retreat, Chaska, MN. January 10, 2008.
4. "Practice Management: Creating Integrative Models in Healthcare" and The Art of Nursing: Integrative and Holistic models in Healthcare". Integrative Healthcare Symposium 2008. New York, NY.

State

1. "Development and Implementation of Optimal Healing Environments". Advancing Practice: Speaker Series for Gillette NPs. Gillette Children's Hospital. Minneapolis, MN. March 20, 2008.
2. "Optimal Healing Environment Principles and Application to Clinical Settings". Keynote Speaker for the Louise E. Muller Symposium American Psychiatric Nurses Association Conference, Bloomington, MN. April 12, 2008.
3. "Creating Optimal Healing Environments". 7th Annual Oncology Nursing Conference: Cancer Nursing 2008. Fairview Southdale Hospital, Edina, MN.
4. "Get a Life" Women in Surgery Conference. Minneapolis, MN. June 6-7, 2008.
5. Panelist at the Honoring Women Worldwide: Uniting Women Globally to Change Our World Conference. St. Paul, MN. June 19, 2008.

Regional

1. "Working on Purpose", Family Medicine Update 2008. Minneapolis, Minnesota.
2. "Creating Optimal Healing Environments" Anoka Metro Regional Treatment Center. Anoka, MN. November 4, 2008.

Invited 2007

International

1. International Learning Community Meeting 2007. Dresden, Germany November 28-December 2, 2007.

National

1. "Aging with Attitude: Health Care Demands of Baby Boomers". The Sixth Annual LifeScience Alley Conference & Expo 2007. St. Paul, MN. December 6, 2007.
2. "Complementary, Alternative and Integrative Therapies: Implications for Transplant Nursing". Transplant Immunosuppression 2007: The Ongoing Search for Improvement. Minneapolis, MN October 17-20, 2007.

State

1. "What's Next? Finding Purpose in the Second Half of Life". Rochester Community and Technical College/University of Minnesota Learning is ForEver (LIFE) 15th Anniversary Celebration. Rochester, Minnesota. September 14, 2007.
2. "Spirituality and Healing and the Development of Integrative Medicine". SHIFT Health Forum. Minneapolis, Minnesota. October 1, 2007.

Invited 2006

International

1. “Creating Optimal Healing Environments”. European Congress of Nursing 2006, Munich Germany. October 19-21, 2006.
2. “Advancing Integrative Medicine through Interdisciplinary Education and Research: The U.S. Perspective”. The 2006 International Chinese Medicine and Traditional Medicine Education Forum, Beijing China. September 13-18, 2006.
3. “CAM Use in Ethnic and Minority Populations: Results of a Population-Based Survey in Hennepin County Minnesota”. North America Research Conference on Complementary and Integrative Medicine. Edmonton Alberta, Canada. May 24-27, 2006.
4. “Creating Healing Environments: The Nature of Healing, Meaning and Complexity”. Keynote presentation. 11th International Conference on Psychotherapy and Psychosomatics in Nursing Care of the Caregiver, Creating Healing Environments. Munich Germany. May 14-17, 2006.

National

1. “Complementary & Alternative Medicine for Solid Organ Transplant Patients”. Law 6875: Law, Health & the Life Sciences seminar course for the Joint Degree Program students at the University of Minnesota. Minneapolis, Minnesota. November 22, 2006.
2. “Building Integrated Healthcare Through Health Professional Education”. American Holistic Nurses Association 26th Annual Conference. St. Paul, Minnesota. June 7-20, 2006.
3. “Advances in Mind-Body Medicine: Expanded Care Options for Women”. The 14th Annual Congress on Women’s Health. Hilton Head Marriott Beach & Golf Resort, Hilton Head Island, SC. June 3-6, 2006.
4. “CAM Curriculum Development: Lessons Learned from the NCCAM R25”. Second Annual Penn-Tai Sophia Retreat in CAM. University of Penn University of Pennsylvania, Philadelphia, PA. March 22, 2006.

State

1. “Advances in Mind/Body Medicine: Implications for Care of Transplant Patients”. Care of the Transplant Patient: It’s Not Just About Rejection. Upper Midwest Heartland Chapter. Rochester, MN. October 27, 2006.

Invited 2005

National

1. “Complementary Therapies and Healing Practices: Renewing the Art and Heart of Nursing”. Alverno School of Nursing 75-year celebration. Alverno College. Milwaukee, WI. October 8, 2005
2. National Education Dialogue, Georgetown University Conference Center, Georgetown University. Washington, DC. May 31-June 3, 2005
3. “Designing MBSR Clinical Trials”. 3rd Annual Conference for Clinicians, Researchers, and Educators. Center for Mindfulness in Medicine, Health Care and Society (CFM), University of Massachusetts. Worcester, MA. April 1-4, 2005

State

1. Commencement Address, School of Massage Therapy, Northwestern Health Sciences University. Bloomington, Minnesota. August 13, 2005.
2. Commencement Address, Minnesota Acupuncture, Northwestern Health Sciences University. Bloomington, Minnesota. August 13, 2005.
3. "Nursing: Creating a Healing Environment". Nurses Week at Hennepin County Medical Center. Minneapolis, MN. May 9, 2005.

Invited 2004

International

1. "Teaching Spirituality and Healing to Health Professional Students and Practitioners". 3rd North American Multidisciplinary Conference: Spirituality and Health. MacEwan Hall, University of Calgary. Alberta, Canada. May 26-28, 2004.

National

1. "Building a Program of Research in Mindfulness-Based Stress Reduction". CAM Seminar Series, Weinberg Auditorium in the Cancer Center, Johns Hopkins University. Baltimore, MD. December 12-13, 2004.
2. "CAM: Current State of the Art in Research, Education, and Practice and Future Directions in Allied Health and Nursing". Keynote Speaker. The Science and Practice of CAM Research by Allied Health and Nursing Professionals. University of Medicine and Dentistry of New Jersey, Newark NJ. November 16-17, 2004.
3. "Complementary and Alternative Therapies: Implications for Undergraduate Education". American Association of Colleges of Nurses 2004 Baccalaureate Education Conference. Sunny Isles Beach, FL. November 10-11, 2004.
4. "Reigniting the Spirit of Caring". St. Luke's Methodist Hospital, Creative Health Care Management. Cedar Rapids, IA. October 18-20, 2004.
5. "Innovations in Teaching Integrative Medicine: On-Line Modules and Experiential Learning". Symposium of Integrative Medicine Professionals in the Land of Enchantment. Albuquerque, NM. October 14-17, 2004.
6. "Evolution of a Voice: Complementary and Alternative Therapies". Summit of Sages: An extraordinary event for nurse leaders St. Paul, MN. October 10-12, 2004.
7. "Impact of Mindfulness-Based Stress on Symptom Management in Solid Organ Transplant Recipients". Integrating Mindfulness-Based Interventions into Medicine, Health Care, and Society. Center for Mindfulness in Medicine, Health Care and Society. Worcester, MA. March 25-28, 2004.
8. "Integrative Health and Healing: Trends and Issues". Coalition for Spirituality and Health Care. Sioux Valley Hospital. Sioux Falls, SD. March 11, 2004.
9. "Complementary and Alternative Therapies". Master's Faculty Leaders: Making a Difference. AACN 2004 Master's Education Conference. Scottsdale, AZ. February 26, 2004.
10. "Fostering a Healing Presence and the Role of Love and Compassion". Toward Optimal Healing Environments in Health Care. Samueli Institute. Newport Beach, CA. January 22-25, 2004.

State

1. "Complementary and Alternative Medicine Research". Institute for Health and Healing, Abbott Northwestern Hospital. Minneapolis, MN. December 3, 2004.
2. North Central Program for Science and Theology. "Spirituality and Medicine". University of St. Thomas. St. Paul, MN. December 2, 2004.
3. "Exploring Complementary Healing Practices". ACTC Human Resources Training and Development Program seminars. University of St. Thomas. Paul, MN. November 9, 2004.
4. "Taking Charge of Your Health". Metro State. Minneapolis, MN. October 5, 2004.
5. "Center for Spirituality and Healing". University of Minnesota Women's Club: Community Concern Section. Minneapolis, MN. September 21, 2004.
6. "Integrative Medicine: Trends and Issues". Current Controversies in the US Health Care System. University of St. Thomas, Minneapolis, MN. September 20, 2004.
7. "Plants, Health and Spirituality". St. Paul Garden Club. Eastcliff. Minneapolis, MN. August 18, 2004.

Invited 2003

International

1. 10th Annual Symposium on Complementary Healthcare. Royal College of Physicians. London, U.K. November 21-22, 2003.

National

1. "Creating Educational Programs". Institute of Medicine, Committee on the Use of Complementary and Alternative Medicine by the American Public. Historic National Academy of Sciences. Washington, DC. December 10-11, 2003.
2. Creative Health Care Management: Reigniting the Spirit of Caring. St. Luke's Hospital. Cedar Rapids, IA. November 30, 2003.
3. Impasse to Breakthrough: A National Summit. Sponsored by Fetzer Institute. Sun River, OR. October 20-26, 2003.
4. "One Clinical Case: A Variety of Healing". Cultural Competence: Reflections on Race, Ethnicity and Culture: Considerations for Health Professionals. University of Kentucky. Lexington, KY. September 19, 2003.
5. "Impact of Mindfulness-Based Stress Reduction on Illness Burden in Solid Organ Transplant Recipients". Keynote speaker at the Kaleidoscope of Nursing Research. University of Wisconsin-Eau Claire School of Nursing. Eau Claire, WI. April 3, 2003.
6. "CAM Research". The Science of Whole Person Healing Conference. Washington, DC. March 28-30, 2003.

State

1. "Complementary and Alternative Medicine: Taking Care of Your Health". Twin City Home and Community section of American Association of Family and Consumer Sciences. Minneapolis, MN. May 7, 2003.
2. "World Café Leadership Summit: Leading with Creativity and Courage". Creative HealthCare Management's Client Conference. Creative HealthCare Management. Minneapolis, MN. April 15, 2003.

3. “Complementary and Alternative Medicine: Taking Charge of Your Health”. University of Minnesota Employee Benefits. Minneapolis, MN May 30, 2003.
4. “Complementary Therapies and Healing Practices: Renewing the Art and Heart of Nursing”. Keynote speaker at the Alternative Therapies Convention. College of Saint Benedict. St. Joseph, MN. March 22, 2003.
5. “Spirituality and Healing”. Minnesota Interprofessional Association. Minneapolis, MN. March 20, 2003.
6. “Trends and Issues in Complementary and Alternative Medicine”. Health Law Section Meeting of the Minnesota State Bar Association. Minneapolis, MN. March 12, 2003.
7. “Taking Care of Your Health: Complementary and Alternative Medicine”. The Alliance of the First Unitarian Society of Minneapolis. Minneapolis, MN. February 5, 2003.
8. “Impact of Mindfulness-Based Stress Reduction on Illness Burden of Solid Organ Transplant Recipients”. Twelfth Annual Nursing Research Conference: Creative Approaches to Patient Care: Traditional, Alternative, Complementary, Mayo Continuing Nursing Education, Mayo Clinic. Rochester, MN. February 17, 2003.

Invited Prior to 2003

1. “New Competencies in Medical School Curricula: Cultivating the Inner Life”. Symposium of Integrative Medicine Professionals in the Land of Enchantment, University of New Mexico Health Sciences Center. Albuquerque, NM. 2002
2. “Transforming Health Care in the 21st Century”. American Association of University Women. Minneapolis, MN. 2002
3. “A National Survey of Critical Care Nurses: Use of Complementary/Alternative Therapies”. American Association of Critical-Care Nurses National Teaching Institute. Atlanta, GA. 2002
4. “Integrative Therapies and Healing Practices: Challenges and Opportunities for Nursing”. University of Minnesota School of Nursing Grand Rounds Minneapolis, MN. 2002
5. “The Art of Healing—Blending Complementary and Conventional Care”. Excellence in Nursing Forum, BryanMedical Center. Omaha, NE. 2002
6. “What is health, wellness in a multi-cultural world nontraditional versus traditional to health and sustainable wellness”. Minneapolis Community College. Minneapolis, MN. 2001
7. “Complementary and Alternative Medicine in the 21st Century: Issues and Opportunities”. American Medical Group Association, Minnesota Medical Group Leadership Meeting, Cragun’s Conference and Golf Resort. Brainerd, MN. 2001
8. “Transforming health care through the integration of complementary and biomedicine: the Minnesota vision and experience”. A Spiritual Explosion! International Conference on Yoga and Spirituality, University of St. Thomas. St. Paul, MN. 2001
9. “The Healing Power of Community Connectedness”. Minnesota Public Health Association Annual Conference: Public Health and Faith Communities Weaving a Healthy Future Together, St. John’s University. Collegeville, MN. 2001
10. “Integrative Health and Spirituality: Opportunities for Nursing”. 25th Anniversary Celebration, Inver Hills—Century Colleges. White Bear Lake, MN. 2001
11. “Faith/Health and Public Health: Searching for Common Ground at the Point of Disparities and Social Determinants; Integrative Health Care and Culture; University of Minnesota Center for Spirituality and Healing: A Case Study”. Emory University, Atlanta, GA. 2001
12. “A Public Health Journal”. Minneapolis City Hall. Minneapolis, MN. 2001
13. Alternative and Complementary Approaches to Allergy and Asthma Care. 59th Annual Course in Allergy and Immunology University of Minnesota. Minneapolis, MN. 2001
14. “Integrative Care in Health and Healing”. Integrative Care Conference, Health Sciences, University of Minnesota. Rochester, MN. 2001

15. Attitudes and Use of Complementary/Alternative Therapies by Critical Care Nurses. Research in the Clinical Setting Conference: Issues and Relevance, Mayo Clinic. Rochester, MN. 2001
16. Women's Health Fair, sponsored by Lutheran Church of the Good Shepard. Minneapolis, MN. 2001
17. Integrative Medicine: An Overview of Trends, Issues and Opportunities. Pinehurst Medical Symposium. FirstHealth of the Carolinas. Pinehurst, NC. 2001
18. Complementary/Alternative Medicine in the Year. 5th Annual Educational Symposium. Sponsored by Care Delivery Management, Inc. of Blue Cross/Blue Shield of Minnesota. Bloomington, MN. 2000
19. How Giving Enhances Your Sense of Well-Being. Women in Philanthropy Conference. Minneapolis Convention Center, Minneapolis, MN.
20. Controversies in College Health: "Responding to Student Requests for Complementary and Alternative Therapies. Minneapolis, MN.
21. International Symposium on Spirituality and Health Care Administration. 2000 Budapest.
22. Prayer and Healing. Bethlehem Lutheran Church, Minneapolis, MN. 2000
23. Mayo Clinic--Spirituality Grand Rounds, Spirituality at the Bedside, Competencies for Healers. Rochester, MN. 2000
24. "Integrating Complementary and Alternative Medicine into Conventional Care". North Carolina Hospital Association. Hilton Head, SC. 2000
25. "Theoretical Foundations and Experiential Learning in Complementary and Alternative Therapies: The Realities of and Vision for Complementary/Alternative Therapies in Nursing". School of Nursing, University of Minnesota 2000, Minneapolis, MN. 2000
26. "Center for Spirituality and Healing: Connecting the Heart, Brain and Soul". Heritage Society. Minneapolis, MN. 2000
27. "What Does Healing Look Like?" Theological Insights, Spring, Brave New Women. Wisdom Ways Resource Center for Spirituality. College of St. Catherine. St. Paul, MN. 2000
28. Sixteenth Annual Avera Health Ethics Conference, From Spiritual Growth to Ministry to the Poor and Medicine and Spirituality: A Deeper Exploration. Avera Health. Sioux Falls, SD. 2000
29. "Connecting the Heart, Brain and Soul: An overview of complementary healing practices". American Association of University Women. Minneapolis, MN. 2000
30. "Complementary and Alternative Medicine". Mini Medical School, University of Minnesota. Minneapolis, MN 2000
31. "The Art of Healing: Blending Complementary and Conventional Care". AltruHealth System. Grand Forks, ND. 1999
32. "An Overview of Complementary and Alternative Medicine". MetroState Alumni Group. St. Paul, MN. 1999
33. "Integrated Healthcare and the Role of Spirituality". Gloria Dei Lutheran Church. St. Paul, MN. 1999
34. "Complementary and Alternative Medicine". Mini Medical School, University of Minnesota. Minneapolis, MN. 1999
35. "An Overview of Alternative and Complementary Medicine". MedCenter One Health System. Bismarck, ND. 1999
36. "Trends and Issues in Complementary and Alternative Medicine". BryanLGH Medical Center. Omaha, NE. 1999
37. "Overview of Complementary, Cross-Cultural and Spiritual Care: Implications for Care and Patients with Diabetes". MedCenter One Health System. Bismarck, ND. 1999
38. "Complementary and Alternative Care: Issues and Opportunities for Nursing". Sigma Theta Tau: Kappa Phi Chapter. St. Johns University. St. Joseph, MN. 1999
39. "Trends and Issues in Complementary and Alternative Medicine: The Minnesota Experience". Iowa Department of Health. Des Moines, IA. 1999

40. "An Overview of Integrative Healthcare". Minnesota Chapter of NAPNAP (National Assoc. of Pediatric Nurse Associates and Practitioners). Minneapolis, MN. 1999
41. "Complementary and Alternative Medicine: Trends, Issues and Research". St. Gabriel's Hospital. Little Falls, MN. 1999
42. "Advent: A Time to Embrace Healing and Wholeness". League of Catholic Women Becoming. Minneapolis, MN. 1998
43. "Visioning Nursing Into the 21st Century". MACN Fall Conference - Partnerships to Build Nursing Asset for the Future. Sheraton Inn Midway. St. Paul, MN. 1998
44. "Creating Systems of Health: Challenges and Opportunities". School Sisters of Notre Dame. Mankato, MN. 1998
45. "An Overview of Complementary, Cross-Cultural and Spiritual Care: Trends, Issues and Research". Ridgeview Medical Center. Waconia, MN. 1998
46. "Role of Complementary and Spiritual Care in Diabetes". American Association of Diabetic Educators Annual Education Meeting and Program. Minneapolis, MN. 1998
47. "Integrating Complementary, Alternative and Biomedical Care". Minnesota Case Managers Network. Minneapolis, MN. 1998
48. "Trends and Issues in Complementary-Alternative Care". Ridgeview Medical Center. Waconia, MN. 1998
49. "Complementary Care: Trends, Issues and Models of Integration". Leadership Council of Women Religious. Minneapolis, MN. 1998
50. "Complementary Care at the End of Life - Panel Discussion". Integrating Mind-Body-Spirit at the End of Life. Conference sponsored by Fairview Health System, Fairview Foundation and the Center for Spirituality and Healing. Minnetonka, MN. 1998
51. "Overview of CAM: Trends, Issues and Challenges". St. Cloud Hospital - Stearns Benton Medical Society Conference. St. Cloud, MN. 1998
52. "The Art of Healing: Blending Complementary and Alternative Care". Metro Oncology Nurses. Minneapolis, MN. 1998
53. "Creating Systems of Health Care that Support Body, Mind and Spirit". St. Cloud Hospital Conference - Health Care at the Crossroads. St. Cloud, MN. 1998
54. "Nursing Leadership in the 21st Century". Sigma Theta Tau. Minneapolis, MN. 1998
55. "Complementary Care: Trends and Issues". VHA Nurse Executives. Minneapolis, MN. 1998
56. "Integrating CAM into Medical School Curricula". University of South Dakota. Sioux Falls, SD. 1998
57. "Complementary Care in an Academic Health Center". Asthma and Allergy Club, University of Minnesota. Minneapolis, MN. 1998
58. "Complementary Care: Overview of Field and Consumer Issues". National Council of Jewish Women. Minneapolis, MN. 1998
59. "Spirituality and Healing". Stillwater Ministerial and Chaplaincy Association, Lakeview Hospital. Stillwater, MN. 1997
60. "Spirituality and Healing". Third Annual Conference on Spirituality and Business. Puerto Vallarta, Mexico. 1997
61. "Integrating Complementary Care". Wilborn Hospital and Clinic. Evansville, IN. 1997
62. "Integrating Complementary Care". Bush Medical Fellowship Program. Minneapolis, MN. 1997
63. "Complementary Care". Minnesota Medical Association. Minneapolis, MN. 1997
64. "Spirituality in the Workplace". St. Joan of Arc. St. Paul, MN. 1997
65. "Integrating Complementary Care". South Dakota Association of Healthcare Organizations Annual Conference. Sioux Falls, SD. 1997
66. "Circles: New Ways of Being and New Ways of Doing". Dancing With the Chaos: A Visioning Summit for Nursing in the 21st Century. Rhinebeck, New York, NY. 1997

67. "Leadership in the 21st Century". Dancing With the Chaos: A Visioning Summit for Nursing in the 21st Century. Rhinebeck, New York NY. 1997
68. "The Art of Healing: Blending Complementary and Conventional Care". Spirit, Mind and Body: The Changing Face of Pastoral Care in the Church. Collegeville, MN. 1997
69. "Transforming Healthcare Through the Integration of Complementary, Cross-Cultural and Spiritual Care". Minnesota Hospital and Healthcare Partnership 1997 Trustee Conference, Alexandria, MN. 1997
70. "Integration of Complementary and Conventional Care: Challenges and Opportunities Within Health Systems". Minnesota Hospital and Healthcare Partnership 1997 Trustee Conference, Alexandria, MN. 1997
71. "Trends and Issues in Complementary Care". Sioux Valley Hospital. Sioux Falls, SD. 1997
72. "Integrating Complementary Care & Conventional Care". Blue Cross/Blue Shield of Minnesota. Eagan, MN. 1997
73. "Complementary Care". Walker-Methodist Health Centers. Minneapolis, MN. 1997
74. "Transforming through the Integration of Complementary, Cross-Cultural and Spiritual Care". Cambridge Medical Center. Cambridge, MN. 1997
75. "Complementary, Cross-Cultural and Spiritual Care: A Kaleidoscope of Opportunities for Nursing in the 21st Century". Fifth Andrea Printy Memorial Lecture. Minneapolis, MN. 1997
76. "A Model of Hope: Implications for Spiritual Care". Spiritual Care Research. Rochester, MN. 1996
77. "Collaboration: What Makes It Work". Primary Nursing: Creativity Collaboration. Minneapolis, MN. 1996
78. "Informed Practice: Preparing for New Challenges and Opportunities". Advances in Respiratory Care in the Pediatric Patient. St. Paul, MN. 1996
79. "Informed Practice: Bringing Research and Reflection to Patient Care". Nurse Scholars in Action Conference. Duluth, MN. 1995
80. "Core Competencies for Baccalaureate Nurses in Emerging Health Care Delivery Systems". Paradigm Shifts in Nursing Education, Minnesota Association of Colleges of Nursing. Minneapolis, MN. 1994
81. Poster: "Evaluation of Advanced Practice Nursing Roles in the Acute and Critical Care Setting: Emergence of the Acute Care Nurse Practitioner ". Straight from the Heart: Cardiovascular Update, Greater Twin Cities Area Chapter American Association of Critical Care Nurses 1994, Spring Symposium.
82. "Integrating Research Methods into Quality Management". Annual Conference on Nursing Quality Assurance. New Orleans, LA. 1992
83. "The Quality of Work Life for Employees: Creating a Healthy Work Environment". University Hospital Consortium Annual Recruitment Meeting. Chicago, IL. 1992
84. "Nursing Staff Perceptions of Abuse and Neglect in the Workplace". Counter-Productive Management and Lost Productivity, Minnesota Center for Corporate Responsibility. Minneapolis, MN. 1992
85. "Managing Quality in the 90's". Celebration of Excellence Conference, Post Anesthesia Nurses of Minnesota 1992, St. Paul, MN. 1992
86. Poster: "Implementation of a Bedside Blood Glucose Testing System: Focusing on Outcomes". Annual Conference on Nursing Quality Assurance. Miami Beach, FL. 1991
87. Poster: "Discharge Planning: A Focus on Outcomes". Annual Conference on Nursing Quality Assurance. Miami Beach, FL. 1991
88. Poster: "Marketing Quality Improvement". Annual Conference on Nursing Quality Assurance. Miami Beach, FL. 1991
89. Poster: "Redesigning Report Forms". Annual Conference on Nursing Quality Assurance. Miami Beach, FL. 1991

90. "Impact of Staff Nurse Participation in Decision-Making on Job Satisfaction and Organizational Commitment". The Fourth Annual Conference on Nursing Administration Research. Iowa City, IA. 1991
91. "Staff Nurse Participation in Decision-Making." University of Minnesota Nursing School Research Day. Minneapolis, MN. 1991
92. "Nursing and Patient Care Research: Ask the Experts Panel". Sigma Theta Tau Building Collegiality for Nursing and Patient Care Research Conference. St. Paul, MN. 1991
93. "Lessons Learned Through the Collaborative Planning Process". Shaping the Future of Nursing: Expanding the Vision, Council of Minnesota Nursing Organizations. Minneapolis, MN. 1990
94. "Quality Assurance: An Opportunity to Influence Professional Practice". Post Anesthesia Nurses of Minnesota. St. Paul, MN. 1989
95. "Nursing Research: An Imperative for Professional Practice". International Pancreas Transplantation Conference. Minneapolis, MN. 1989
96. "Creating a Research Climate". Twin Cities Chapter AACN. St. Paul, MN. 1988
97. "Data Collection: Obtaining a Comprehensive Health History". St. Paul School Nurses. St. Paul, MN. 1984
98. "Helping Parents Manage Normal Child Behavior Problems". Minnesota Department of Health. Minneapolis, MN. 1983, 1984
99. "Assessment of Common Skin Problems in School Age Children". St. Paul School Nurses. St. Paul, MN. 1982
100. "Ear, Nose, and Throat Assessment". Minnesota Department of Health. Minneapolis, MN. 1982
101. "Level I Perinatal Course". Corresponding Health Care Associates. Redwood Falls, MN. 1982
102. "Burnout in Nursing". Mankato State University. Mankato, MN. 1981
103. "Physical Assessment During the Childbearing Cycle". Mankato State University. Mankato, MN. 1981
104. "Implementation of Family Centered Maternity Care". Mankato State University. Mankato, MN. 1981
105. "Pediatric Health Assessment". Mankato State University. Mankato, MN. 1980
106. "Nursing Care Planning". Corresponding Health Care Associates. Redwood Falls, MN. 1979, 1980
107. "Health Assessment II". Mankato State University. Mankato and Blue Earth, MN. 1978, 1979
108. "Health Assessment II". Mankato State University. Mankato, Blue Earth and New Ulm, MN. 1978, 1979

NIH Study Section Reviews

2009

1. NIH NCCAM Clinical Research Panel, July 28, 2009

2007

1. NIH NCCAM Clinical Research Panel March 14, 2007

2006

1. NIH Clinical Research Review Meeting. Chevy Chase, MD. June 12-13, 2006
2. NIH NCCAM Clinical Research Panel. Bethesda, MD. February 13-14, 2006

2005

1. NCCAM Training and Education Special Emphasis Panel. Bethesda, MD. July 8, 2005
2. NCCAM R21 Review. Bethesda, MD. June 23, 2005

2004

1. NIH R01 Mind-Body Grant Review. Washington, DC. June 14-16, 2004
2. NIH R21 Review Meeting. Washington, DC. February 27-28, 2004

TEACHING EXPERIENCE

University of Minnesota 2003-2018

2018

CSPH 5226 Advanced Meditation: Body, Brain, Mind, and Universe
CSPH 5341 Overview of Indigenous Hawaiian Healing
NURS 7110 - NURS 7110 DNP Project Practicum
NURS 7111 - DNP Project Direction II: Implementation
NURS 7112 - DNP Project Direction III: Evaluation
NURS 7214 - Integrative Health and Healing III
NURS 7215 - Integrative Health and Healing Practicum

2017

CSPH 5226 Advanced Meditation: Body, Brain, Mind, and Universe
CSPH 5341 Overview of Indigenous Hawaiian Healing
NURS 7110 - NURS 7110 DNP Project Practicum
NURS 7111 - DNP Project Direction II: Implementation
NURS 7112 - DNP Project Direction III: Evaluation
NURS 7214 - Integrative Health and Healing III
NURS 7215 - Integrative Health and Healing Practicum

2016

CSPH 5226 Advanced Meditation: Body, Brain, Mind, and Universe
CSPH 5341 Overview of Indigenous Hawaiian Healing
NURS 7110 DNP Project Direction I
NURS 7112 DNP Project Direction III: Evaluation
NURS 7214 Integrative Health and Healing III
NURS 7215 Integrative Health and Healing Practicum III

2015

NURS 7214 Integrative Health and Healing III
NURS 7215 Integrative Health and Healing Practicum III

2014

CSpH 5000 Indigenous Hawaiian Healing
CSpH 5226 Advanced Meditation – Body, Brain, Mind and Universe
NURS 7111 DNP Project Direction II: Implementation
NURS 7214 Integrative Health and Healing III
NURS 7215 Integrative Health and Healing Practicum III

2013

CSpH 5000 Indigenous Hawaiian Healing
CSpH 5226 Advanced Meditation – Body, Brain, Mind and Universe
CSpH 5711 Creating Optimal Healing Environments
NURS 7111 DNP Project Direction II: Implementation
NURS 7214 Integrative Health and Healing III
NURS 7215 Integrative Health and Healing Practicum III

2012

CSpH 5000 Indigenous Hawaiian Healing
CSpH 5226 Advanced Meditation – Body, Brain, Mind and Universe
CSpH 5711 Creating Optimal Healing Environments
NURS 7111 DNP Project Direction II: Implementation
NURS 7214 Integrative Health and Healing III
NURS 7215 Integrative Health and Healing Practicum III

2011

CSpH 5000 Indigenous Hawaiian Healing
CSpH 5226 Advanced Meditation – Body, Brain, Mind and Universe
CSpH 5711 Creating Optimal Healing Environments
NURS 7110 DNP Project Direction I: Planning

2010

CSpH 5226 Advanced Meditation – Body, Brain, Mind and Universe
CSpH 5711 Creating Optimal Healing Environments

2009

CSpH 5711 Creating Optimal Healing Environments

2008

CSpH 5711 Creating Optimal Healing Environments

2007

CSpH 5711 Creating Optimal Healing Environments

2003 - 2005

CSpH 8101 Critiquing and Synthesizing CAM Research

Prior to 2003

School of Nursing administration/leadership courses

Metropolitan State University 1982-1987

Health Assessment
Senior Leadership
Professional Issues

Mankato State University 1977-1980

Introduction to Nursing
Perinatal Nursing
Communication and Interpersonal Relationships

University of Iowa 1974-1976

Health Assessment
Health Promotion
Nursing Care of Families
Care of the Newborn

ADVISING, PROGRAM AND COMMITTEE WORK

Current Students: Degree Program and Role

Fordyce, Abbey	Nursing	DNP	Advisor
Westendorf, Jennifer	Nursing	DNP	Advisor
Indridadottir, Olof	Nursing	DNP	Advisor
Fader, Kristine	Nursing	DNP	Advisor
Shaw, Joni	Nursing	DNP	Advisor
Gujral, Harpreet	Nursing	DNP	Advisor
Momin, Shamsa	Nursing	DNP	Advisor
Gehrz, Bridget Beuckens	Nursing	DNP	Advisor
Dye, Deborah Kay	Nursing	DNP	Advisor

Comentado [MOU1]: Double check their majors for new students/ which students are graduated??

Prior Students: Degree Program and Role

Niedzeleski, Jen	PhD	CEHD	PhD Committee Member
Boehmer, Kasey	PhD	Nursing	PhD Committee Member
Rivery, Stephanie	Nursing	DNP	Advisor
Baker, Wanda	Nursing	DNP	Advisor
Aukerman, Ranae	Nursing	DNP	Advisor
Henrickson, Dianne	CSPH	Certificate	Advisor
Aria, Martin	Nursing	DNP	Advisor
Monday, Dana	Nursing	DNP	Advisor
Barlett, Julia	Educ P/A	PhD	PhD Prelim Member
Burgoyne, Diedra	Nursing	DNP	Advisor
Voss, Megan	Nursing	DNP	Advisor
Horner, Arlene	Nursing	DNP	Advisor
Johnson-Grass, Amy	Clin Rsrch	MS	Advisor/Chair
Kaitz, Sarah	Nursing	DNP	Advisor
Gaskins, Johanna	Nursing	DNP	Advisor
Todd, Katherine	Nursing	DNP	Advisor
Mueller, Kelly	Nursing	DNP	Advisor
Reynolds, Dixie	Nursing	DNP	Advisor
Wagner, Judy	Nursing	DNP	Advisor
Leininger, Brent	Clin Rsrch	MS	Advisor
Lillehei, Angela	Nursing	PhD	PhD Prelim Member
Sabo, Julie	Nursing	PhD	PhD Prelim Member
Senn, Laura	Nursing	PhD	PhD Prelim Member
Healey, Dale	Educ P/A	PhD	PhD Prelim Member
Ghildayal, Neha	HlthSrvRPA	PhD	PhD Prelim Member
Scott, Angelita	Design	MS	Master's Final Member
Voss, Megan	Nursing	DNP	Advisor
Tomaino, Janet	Nursing	DNP	Advisor
DeVries, Renee	Educ P/A	PhD	PhD Prelim Member
Todd, Katherine	Nursing IHH	DNP	Advisor
Wagner, Judy	Nursing IHH	DNP	Advisor
Kristofersson, Gisli	Nursing	PhD	Advisor
Gallet, Brianna	IntThpyHIP	Cert	Advisor

Kittur Alvina	Psy	PhD	PhD Final Reader
Laube, Justin	IntThpyHIP	Cert	Advisor
Zhang, Lixin	HlthSrvRPA	PhD	PhD Prelim and Final Reader
Adwan, Jehad	Nursing	PhD	PhD Final Reader
Anderson, Lindsay	Nursing	M S	Master's Final Member
Andreas, Kiley	Nursing	M S	Master's Final Member
Kuusisto, Larry	HlthSrvRPA	MS	Master's Final Member
Kwon, Ja	Design	PhD	PhD Prelim Member
Meineke, Jane	Nursing	MS	Master's Final Member
Rogholt, Rebecca	Nursing	MS	Master's Final Member
Sherr, Laura	Psy	PhD	PhD Prelim Member
Trzruc, Stefnee	Design	MS	Master's Final Member
VanWormer, Arin	Nursing	PhD	PhD Final/Prelim Reader
Westphal, Antoinette	Nursing	MS	Master's Final Member
Zimmer, Colleen	Nursing	MS	Master's Final Member
Bredow, Timothy Steven	Nursing	Certificate	Advisor
Frisvold, Melissa Hanner	Nursing	Ph D	PhD Prelim and Final Chair
Hammer, Timothy John	Clin Rsrch	M S	Master's Final Member
Hill, Jamia Lee	Clin Rsrch	M S	Master's Final Member
Larson, Jean M	Educ	Ph D	PhD Final Chair/Reader
Larson, Jean M	Educ	Ph D	PhD Prelim Member/Advisor
Meillier, Angie Ellen	Nursing	M S	Master's Final Member
Penque, Susan Irene	Nursing	Ph D	PhD Prelim and Final Reader
Trotter, Michelle Judith	Educ Psy	Ph D	PhD Prelim and Final Reader
Westrom, Kristine Kae	Clin Rsrch	M S	Master's Final Member
Wieczorek, Jodi Ann	Nursing	M S	Master's Final Member
Durler, Christine M.	Nursing	M S	Master's Final Member
Kristofersson, Gisli Kort	Nursing	M S	Master's Final Member
Winbush, Nicole Yvette	Clin Rsrch	M S	Master's Final Member
Yu, Tzy-Chyi	HlthSrvRPA	PhD	PhD Prelim and Final Member
Allenberg, Kurt	Clin Rsrch	M S	Master's Final Member
Bargman, Jackalyn Renae	Nursing	M S	Advisor
Butler, Mary E	HlthSrvRPA	PhD	PhD Prelim and Final Member
Dose, Ann Marie	Nursing	PhD	PhD Prelim and Final Reader/Advisor
Durfee, Janet M	Therapy/HP	Certificate	Advisor
Frank, Annette Kendra	Nursing	M S	Master's Final Member
Gunnarsdottir, Thora Jenny	Nursing	PhD	PhD Prelim and Final Reader
Hellmich, Christina	Therapy/HP	Certificate	Advisor
Howell, Christa Lynette	Nursing	M S	Master's Final Member
Jacox, Elizabeth Ann	Nursing	M S	Master's Final Member
Klopp, Amy Christine	Nursing	M S	Master's Final Chair/Adv
Larsen, Barbara Ann	Educ Psy	Ph D	PhD Prelim Member
Mcperson, Nora L	Nursing	M S	Master's Final Member
Requicha Ferreira, Joao Nuno	Therapy/HP	Certificate	Advisor
Sawada, Kaori	Nursing	M S	Master's Final Member
Washington, Sharon Denise	Nursing	M S	Advisor
Whelan, Shawn Marie	Nursing	M S	Master's Final Chair/Adv
Dejarnett, Heather L	Nursing	M S	Master's Final Member
Drechnik, Rosalie Carol	Nursing	M S	Master's Final Member
Fietzer, Christine M	Therapy/HP	Certificate	Advisor

Hunke, Judith Christine	Nursing	M S	Master's Final Member
Cheung, Corjena K	Nursing	PhD	PhD Prelim and Final Reader
Grubbs, Pamela Lois	Nursing	M S	Master's Final Chair/Adv
Hinck, Patricia Joy	Nursing	M S	Master's Final Member
Murray, Amber E	Rec/Pk	M A	Master's Final Member
Hunter, Joanna Elizabeth	Educ	PhD	PhD Final Member
Iken, Kay Kathy	Nursing	M S	Master's Final Member
Niles, Pamela Ann	Nursing	M S	Master's Final Member
Satterness, Cynthia J	Biomed Eng	PhD	PhD Prelim Member
Timko Olson, Erica Rae	Nursing	M S	Master's Final Member
Wick, Annika Christina	Nursing	M S	Master's Final Member
Bahneman, Bridget Penfold	Nursing	M S	Master's Final Member
Bohline, Elizabeth Rose	Nursing	M S	Master's Final Member
Booth, Barbara BeBe	Nursing	M S	Master's Final Member
Lin, Chun Feng Joy	Educ	PhD	PhD Prelim and Final Reader
Renee, Maerin Tonya	Nursing	M S	Master's Final Member
Beshara, Mary Corinne	Nursing	M S	Master's Final Member
Drange, Nancy Ann	Nursing	M S	Master's Final Member
Edwards, Mary Louise	Nursing	M S	Master's Final Member
Gunnarsdottir, Thora Jenny	Nursing	M S	Master's Final Member
Johnston, Mary E	Nursing	M S	Master's Final Member
McSteen, Kerstin Lea	Nursing	M S	Master's Final Member
Sanei, Nasrin Hashemi	Nursing	M S	Master's Final Member
Abruzese, Greta R	Nursing	M S	Master's Final Member
Anantachoti, Puree	Pharmacy	PhD	PhD Prelim and Final Reader
Hoy, Denise Marie	Nursing	M S	Master's Final Member
Matthees, Barbara J	Nursing	PhD	PhD Prelim and Final Reader
Boone-Orke, Jodie Lynn	Nursing	M S	Master's Final Member

HONORS and AWARDS

2016	2016 Health & Wellness Award, Women's Health Leadership Trust.
2013	Bravewell Distinguished Service Award, Consortium of Academic Health Centers for Integrative Medicine
2006	University of Minnesota School of Nursing Dean's Award
2005	Fellow, American Academy of Nursing
1998	Delta Omega Honorary Public Health Society
1997	ONS/Chiron Therapeutics - Susan Baird Excellence in Writing Award in Nursing Research
1995	Sigma Theta Tau Region 4 Research Dissemination Award
1990	UMHC Distinguished Service Award, University of Minnesota Hospital and Clinic: Minneapolis, Minnesota
1986	Professional Improvement Grant, Metropolitan State University: St. Paul, Minnesota
1986	Phi Kappa Phi Honor Society, University of Minnesota: Minneapolis, Minnesota
1984-1987	Health Services Research Fellowship, University of Minnesota: Minneapolis, Minnesota
1979	Faculty Improvement Grant, Mankato State University: Mankato, Minnesota
1974	Sigma Theta Tau, University of Iowa: Iowa City, Iowa
1973	Augustana Honor Society, Augustana College: Sioux Falls, South Dakota
1973	Chi Epsilon Senior Women's Honorary, Augustana College: Sioux Falls, South Dakota

COMMITTEE MEMBERSHIPS

School of Nursing:

2018- present University of Minnesota School of Nursing FAPTEC Committee
2011-present University of Minnesota School of Nursing DNP Council
2012-2015 University of Minnesota School of Nursing Faculty Evaluation Committee
2011-2103 University of Minnesota School of Nursing Densford Search Committee
2006-2009 University of Minnesota School of Nursing Centennial Celebration Coordinating
2006-2007 University of Minnesota School of Nursing Administrative Council
2006-2011 University of Minnesota School of Nursing Executive Council
2006-present University of Minnesota School of Nursing Graduate Faculty
2006-present University of Minnesota School of Nursing Tenured Faculty
2004-2007 University of Minnesota School of Nursing Faculty Merit Review
1994-2000 University of Minnesota School of Nursing Foundation Board of Trustees

University:

2016-present University of Minnesota Graduate Education Council
2016-present University of Minnesota/Academic Health Center Academic Leaders Forum
2013-present CCE Individualized Degrees Curriculum Review Subcommittee
2013-present CCE Individualized Degrees Governance Committee (chair)
2012-2015 Graduate School Interdisciplinary Education Advisory Committee (co-chair)
2012-2015 Graduate School Interdisciplinary Programs Committee
2011-2013 UMore Park Interdisciplinary Curriculum Development Committee (chair)
2008-2013 UMore Park Academic Advisory Board
2007-2010 Network of Interdisciplinary Initiatives Steering Committee
2003-2008 Committee on Committees

National:

2017-present National Academies of Medicine, Co-Chair, Global Forum on Innovation in Health Professional Education, Workgroup on Health Professional Wellbeing and Resilience.
2007-2010 Appointed to the NIH funded Naturopathic Physician Research Education Project Advisory Committee at Bastyr University
2004-2007 Consortium of Academic Health Centers for Integrative Medicine (Vice Chair)
2001-present Integrated HealthCare Policy Consortium Advisory Committee
2000-present Consortium of Academic Health Centers for Integrative Medicine (Steering, Policy and Research Committees)
1996-1998 Conscious Business Alliance

Community:

2014 – present Stratis Health Board of Directors
2017- present Gilda's Club Medical Advisory Committee
2011-2014 Augustana College Trustee

2006-2012 Gilda's Club
2002-2008 Partners in Preaching

PROFESSIONAL ORGANIZATIONS, BOARDS AND CONSULTATIONS

Editorial Boards:

2016-present **Journal of Alternative and Complementary Medicine – executive editor**
2014-2016 Global Advances on Health and Medicine – co-editor-in-chief
2009-present Natural Medicine Journal—editorial board
2007-present Journal of Holistic Nursing – editorial board
2006-2012 American Journal of Nursing – editorial board
2005-2015 Explore—The Journal of Science and Healing – contributing editor
2004-present Minnesota Journal of Law, Science and Technology - faculty editorial advisory board
2003-2015 Complementary Health Practice Review – editorial board, assistant editor for nursing
2003-2015 Alternative Medicine Alert – editorial advisory board
2002-2003 Integrative Nursing – senior editor
1994-1999 Creative Nursing: a Journal of Values, Issues, Experience and Collaboration – senior editor
1993-1996 Journal of Nursing Care Quality, editorial board
Nursing and Health Care – manuscript review

Professional Associations:

1974-present Sigma Theta Tau

Boards – ask MJK about North Dakota Board:

2013-present Stratis Health Board Member
2015-2017 Giving Voice Board Member
2014-present Program in Human Sexuality Advisory Board, University of Minnesota
2014-2017 Catalyst Initiative, George Family Foundation Advisory Board
2012-2014 Gustavus Adolphus College National Advisory Board on Wellbeing
2010-2014 Agewell/LifeSpark Advisory Board
2007-2010 Ceridian Lifeworks Scientific Advisory Board
1997-2007 Bush Medical Fellows Policy Board
2002-2005 Courage Center—Health, Wellness and Fitness Advisory Committee
2000-2004 Minnesota Department of Health/Minnesota Health Improvement Partnership
1997-1998 Minnesota Department of Health Complementary Medicine Advisory Board
1993-1995 Metropolitan Healthcare Foundation Board of Directors

Consultations:

Fairview Health Services – Integrative Nursing	Minnesota	2016 - ongoing
The Waters Senior Living	Hopkins, MN	2010 - ongoing
Dana- Farber Cancer Institute	Boston, MA	2016
NYC Administration for Children's Services	New York NY	2015 – 2016
University of Arizona, Tucson (THHIN)	Tucson, AZ	April 20-21, 2009
Stony Brook	New York, NY	June 4-6, 2008
New York-Presbyterian	New York, NY	October 18, 2007

Stony Brook	New York, NY	September 28, 2007
Memorial Medical Center	Springfield, IL	May 9-10, 2007
University of Washington, Fac Integrative Hlth Prog	Seattle, WA	April 24-26, 2007
Catholic Health Network of Manitoba	Winnipeg, Canada	October 13-14, 2006
University of Portland	Portland, OR	October 5-6, 2006
University of Pennsylvania	Philadelphia, PA	March 21-22, 2006
University of Washington, School of Nursing	Seattle, WA	May 24-26, 2004
University of Kentucky	Lexington, KY	September 19, 2003

Testimony – Government/Regulatory Bodies:

2009 Institute of Medicine: IOM Summit Provides Models for Health Reform

2009 U.S. Senate on the Principles of Integrated Health: A Path to Health Care Reform

2003 Minnesota Board of Nursing

2003 Institute of Medicine Committee on the Use of Complementary and Alternative Medicine by the American Public

2002 U.S. Senate Appropriations Committee on funding for NCCAM

2002 White House Commission. Complementary and Alternative Medicine in the United States. Committee on the Use of Complementary and Alternative Medicine by the American Public Board on Health Promotion and Disease Prevention. Institute of Medicine. The National Academies Press. 2005

1998 Minnesota State Legislative Committee on the regulation of health professionals