

# Harsha Gramminger

Since the establishment of European Ayurveda Association (EUAA) in 2007, Dr. Harsha Gramminger M.D. works voluntarily as the president.

In Germany she is the founder of Euroved – Ayurveda Made in Europe. She is the head physician of Euroved Clinic, especially for Panchakarma retreats as well as for the educational program of Ayurvedic doctors and therapists.

Dr. Harsha Gramminger has distilled the foundations of New Age Ayurveda in a trilogy of German-language books: “Meine Basics”, “Mein Handbuch” and “Mein Kochbuch”. The introductory first volume is currently being translated and is expected to be available in autumn of 2015.

## Contact details

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## Professional education & business experience

- Holds a degree in industrial engineering (FH Cologne, 1976)
- Study of macroeconomics (Augsburg University and Frankfurt/Main J. W. University)
- Graduate in Medicine at Hamburg University in 1986
- Scientific work on University Hamburg and Chicago about “auxiliary” Liver cell transplantation to the functional and local proof of transplanted cells (1984-86)
- Education in inner medicine, surgery, gynecology and Ayurveda, Kalkutta 1988 – 1990, responsible professor of Ayurveda education: Pratibh Debnath of AyurvedicRoy State College
- Practice of different meditation techniques in Osho Commune, Pune, India 1987 – 1990
- Assistant medical activity and independent ayurvedic treatments in Italy at Dr. Italo Bon Giovanni, Varese and Dr. Giuseppe Lorini, Varese (1991 -1999)
- Additional education into psychotherapy and assistance in different self experience groups, “preparation for dying” seminars for therapists etc. at Dr. Giuseppe Lorini in Varese, Italy between 1991 – 1999.
- Education in ayurvedic yoga massage with Kusum Modak 1993 in Italy
- GP practice with main emphasis on Ayurveda in Germany since 2000.
- Cooperation with Dr. Vasant Lad of the Ayurvedic Institute, Albuquerque since 2001.
- Annual further education with Dr. Vasant Lad in Pune, India or in Albuquerque, New Mexico
- Speaker of Scientific Conferences in Europe and U.S.A.
- Live coach for women in pre-menopause, peri menopause and post menopause